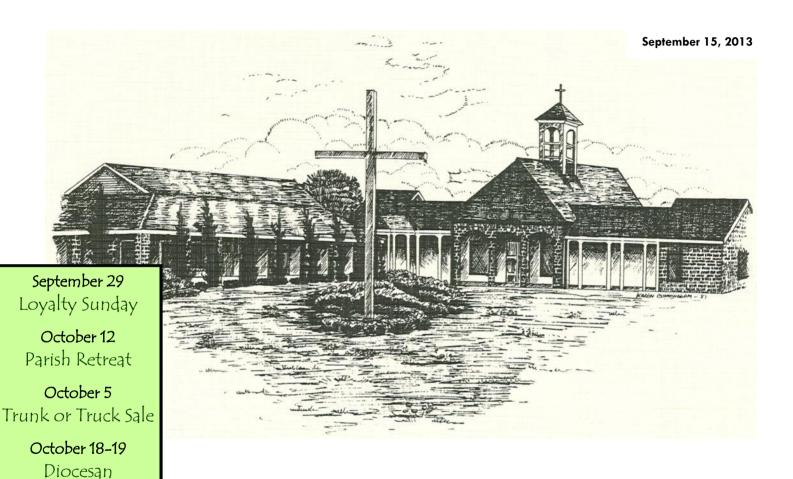
The Spirit of St. James

The Newsletter from St. James Episcopal Church

2050 Bert Kouns Shreveport, Louisiana, 71118 318-686-1261





Convention



Presiding Bishop, The Episcopal Church: The Most Rev'd Dr. Katharine Jefferts Schori

Bishop, Diocese of Western Louisiana:

The Rt. Rev'd Dr. Jacob Owensby

Rector:

The Rev'd Morgan MacIntire

Organist/Choir Director: Kaye Crichlow

Nursery: Rhonda Robertson

Parish Administrator:: Jnanne Zepeda

2013 Vestry:

Curtis Shelton (14)— Sr. Warden Lois Maberry (16)— Jr. Warden Members:

Dave Caporossi (16)
Jerry Howard (14)
Jana Kendrick (16)
Theresa Mormino (15)
Wain Thompson (15)
Lorain Thrash (15)
Lynette van Heerden (14)
Ex Officio:

Thomas Mosley—Treasurer Janie Parker—Clerk



Church phone: 318-686-1261
Church fax: 318-686-4527
Church E-mail address:
stjames_sport@comcast.net
Church website:

www.stjames-shreveport.org





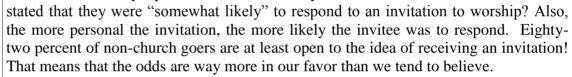
A MESSAGE FROM MORGAN

Dear Family of St. James,

We're back in the swing of things now with summer vacation officially over (boo!) and school back in session! We have another exciting year of programming ahead of us and I cannot wait to share the Fall with you wonderful people!

Since everyone is settling back down into their routines, it's a great time to invite your friends, family and neighbors to church! Did you know that only 2% of current church-goers invited someone else to church in the past year—2%!!* What researchers found was that while church-goers felt like they should be sharing their faith with non-church goers, they chose not to, mostly because they feared they would not receive a positive response!

Ok, having read that stat, try this one on for size—did you know that 82% of people who do not currently attend church



When was the last time you invited someone to St. James? Just think about this for a moment—on average we have about 90 people that come to worship here each Sunday. If each of us invited one person a month to attend services or a church event (like Trunk or Treat, Lessons and Carols, Beth Moore Bible Study, Community Breakfast, etc.), we would have extended an invitation to over 1,000 people by this time next year! One thousand souls would have been given an opportunity to know the love of Jesus as we know it, experience what it means to belong to the Body of Christ, and let's face it, probably have the opportunity to eat some really great food in the process (because we do like to cook around these parts)! Not to mention the fact that we would be afforded the opportunity to welcome and learn from others as well! It's truly a win-win situation if you think about it.

So next time you are sitting around the table at a family dinner, in the line at the grocery store, or walking your dog around your neighborhood ask the person next to you if they would like to come to St. James. You just might be surprised to see their face at our door the following Sunday!

Blessings,

Morgan +

*Statistics in this message were gathered by a team of researchers from Lifeway Christian Resources and from the book, <u>The Unchurched Next Door</u>, by Dr. Thom Rainer.



Outreach News

The Outreach Committee was made aware of another child in the Southern Hills community who was in need of school supplies and uniforms. They provided the first grader with five sets of uniforms and a backpack full of the items listed on his school supply form, delivering everything to the family shortly after school began. They have also provided the family with some food items and are in the process of helping the mother obtain the services of appropriate social agencies to assist her in caring for her children and her household.

Something the committee knows and has put to use is that the best way to help someone is often by providing them the means to learn how to help themselves. Treating the symptoms of a problem is only a short-term solution. There are times that the need is greater than our ability to assist and we have the responsibility to identify that situation and call on help from those who are better able to address the issue.

It was reassuring to note the number of people who expressed willingness to help a person in need, who volunteered their time and talents to assist, and who provided tangible items, such as food and clothing, for this family. Keep up the good work, St. James!!

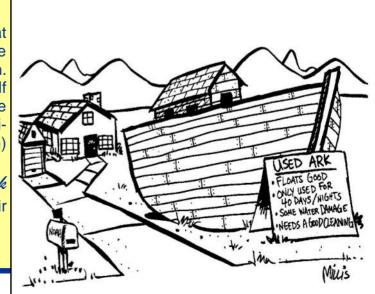
SHOW YOUR LOYALTY

Loyalty Sunday is when we begin again to turn our attention toward Stewardship. This year it will be celebrated at St. James on September 29. There will be one service at 10am followed by food, fellowship, and conversation about how best to use the resources with which God has blessed us. Commitment cards will be distributed and members will be asked to prayerfully consider making a financial contribution to support the ministry of our church. Your pledges make it possible not only to meet the needs of our congregation through our regular services and Christian education, but also to reach out to our community by supporting programs such as St. Luke's Mobile Medical Ministry, Meals on Wheels, I2D, Heart of Hope, Providence House, Hope House, and Renzi Education and Art Center. There will also be sign up sheets available to pledge your time and talents for various tasks and programs needed at our parish.

"We have a vision that is amazing and exciting. We are inviting you to invest yourself through the resources that God has given you— your energy, your prayers, and your money— in this work to which God has called us." - Henri J. M. Nouwen -

The Stewardship Committee will provide the meat and parishioners are encouraged to bring side dishes and desserts for the pot-luck luncheon. Please bring your ideas and your favorite dish. If you have questions Morgan and the members of the Stewardship committee (Suzy Adcock, Linda Endicott, Tommy Mosley, Lois Maberry, Curtis Shelton) will be available.

—Suzy Adcock
Stewardship Chair



THE GOOD STEWARDS

We offer special thanks to all those who jumped in and helped with organizing, setting up, and cleaning up for Rally Day on September 8. Special thanks go to Lois Maberry for spearheading the organization of the event and motivating others to cheerfully join in. We thank Curtis & Denise Shelton for the use of the large tent and Keith McDonald for the use of the cooling fans. Our Altar Guild members did a fantastic job of adapting the worship space from our cozy familiarity to our outdoor service, and Theresa Mormino put lots of effort into the Silent Auction, which we appreciate very much. Watch for the auction items at coffee hour and make your bids! Silent Auction ends on Loyalty Sunday, September 29, at 1pm.

Thanks also go to the musicians who led us in song during the Rally Day worship service. We thank the members of the Praise and Worship Team, Jerry Howard, James & Lisa Lewis, Curtis Shelton, Dale Shelton, and Patti Whatley. Their beautiful playing and singing created an atmosphere of reverence that aided our worship in the vastly different setting than our norm. Thanks to Jerry also for rigging the sound system to allow us to hear the fabulous sermon as well as the music and the readers.

Pat Parker and Morgan MacIntire took time to explain how we created our garden and how we care for it to occupational therapy students from the School of Behavioral Sciences at LSUS. The class is planning to create a similar garden and contacted us as part of their research. They wanted to talk with someone who has participated in a successful garden before planting their first seeds. Thanks to Pat and Morgan for sharing their time and knowledge to help others in our area reach out to improve our community.

These are some of the ways that St. James makes use of the time and talents of our parishioners as we strive to be good stewards toward each other and our community.

The project has been underway for so long, some of us may have forgotten about it, but a core of individuals have spent loads of time, effort, and perspiration on renovating the Garrett-Hall Building during their spare time. They managed to save the parish a bundle by doing the work themselves. Much of the money for supplies and equipment was donated by parishioners, some whom worked and some who were

unable to provide hands-on assistance, but happy to help as they were able. Special thanks go to Debbie Fitz-patrick (whose inspiration and dedication prodded the job along from the very beginning), Matt Parker (whose knowledge and skills have proven invaluable), Tim Fitzpatrick, Rory Fitzpatrick, Pat & Janie Parker, Ron & Lois Maberry, Hannah Parker, Kendall Parker, Theresa Mormino (for the beautiful mural in a classroom), and anyone else whose name I have missed! We are pleased to have such a wonderful space for our youth programming, and it means so much more because of the loving hands that made it happen.

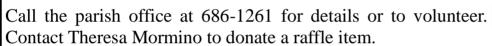
TRUNK OR TRUCK SALE OCTOBER 5

St. James will hold a flea market-style rummage sale in the large parking lot October 5, from 7am to 1pm. Vendors may rent two parking spaces for \$25. Each vendor may enter the property and park as early as 6am, then set up a sales area in the space adjacent to the vehicle. Banquet tables may be rented for \$5 each—until we run out.

We plan to raffle off several items and already have two quilts donated for the cause. We are seeking items of similar value. Vendors receive a free raffle ticket. Anyone may purchase tickets: \$1 for one, \$10 for 12.

Parishioners are encouraged to:

- collect your rummage sale items, rent space, and set up your booth
- Volunteer to help with the sale—we need 6-8 people to provide hands-on assistance the day of the sale
- Shop the sale and find some great deals
- Donate items for the EYC concession stand
- Donate items for the raffle





IT'S TIME FOR RAINBOWS AND ROOSTERS

It is time to submit your application to participate in the next Cursillo Weekend on October 24-27 at Camp Hardtner. We have space for as many as six St. James parishioners to attend. Contact Morgan MacIntire or Lisa Lewis if you are interested in attending this free event.

Applications can be obtained from the church office or in the parish hall, on the bulletin board. Space is limited, so interested attendees should get their application completed, signed, and submitted soon to ensure a spot for the weekend. Required signatures include the registrant, the parish priest, and the sponsor. A sponsor must be someone who has attended Cursillo in the past—not a difficult person to find in this congregation, where many of our adults are Cursillistas!







The following article is reprinted with permission from Mark Peterson, the Interim Music Director of St. Mary The Virgin Episcopal Church, Times Square, NYC

MUSIC AS GIFT

Every church-going Christian has heard repeatedly the scriptural imperatives to "make a joyful noise before the Lord," and to "sing a new song unto the Lord." We are told in the Second Book of the Chroni-

cles, "to make one sound of music to be heard in praise and thanksgiving to the Lord" (5:13). This passage is contained within a description of the great service of consecration held in Israel's first Temple, a service that involved cymbals, harps, 150 trumpets, and a sufficient number of singers to balance it all! No mention of the budget for this event is given! Exactly what form this music took we do not know precisely, but, that music was an essential element of Temple worship, we know absolutely.

Much of Western Christianity is informed by Benedictine spirituality or by its theological tenets. Saint Benedict put particular emphasis on the creation story and especially on that crucial verse, "So God created man in his own image, in the image of God he created him; male and female he created them" (Genesis 1:27). Benedict believed that it was essential for Christians to realize that we resemble God most because we share with Him the potential for wanton creativity. Benedict maintained that of all the creatures of earth, human beings alone are endowed with both the intelligence and the spark for complete creativity; and because of that creative spark, we have the power to restore creation to its divine origin and end. But that's the stuff for another article.

For Saint Benedict it followed that the only gift fit for God, the only offering of worship that was truly acceptable, was the best of that creative energy: the "cream" of our creative spirit. In our time, the idea of worship as offering in and of itself is difficult for some to grasp, but we are told explicitly in Scripture that the praise of God should be our "duty and delight" (Psalm 92:1; Colossians 3:16), and that "praise is for the upright of heart" (Psalm 119:7). Saint Luke tells us that we must learn how to give good gifts, and, for the Benedictine ideal, that included the best writing, the best preaching, the best instruction, the best art and architecture, and the best music that men and women, in their graced state, could muster.

Every element of scripture and our own liturgical tradition tell us how important musical worship is. The Psalms command us to "Praise the Lord with timbrel and harp, with strings and pipe" (Psalm 150:4). Saint Augustine reminds us that "Those who sing, pray twice"; and nowhere does it say that these words are meant only for those who are particularly talented, specially trained, or uniquely motivated to do so. These are the activities of the faithful people of God, if indeed we are faithful.

Think for a moment about any of the intimate relationships in your life. How often do you find yourself doing something other than what your first preference might be, not because it necessarily means much to you, but because it means so very much to someone else. That, I would suggest, is the nature of love and the prime act of gift-giving. The question might be asked then, how can we possibly fail or refuse to offer the Creator of the Universe and the Source of our Salvation less than that which we can reasonably afford one other?

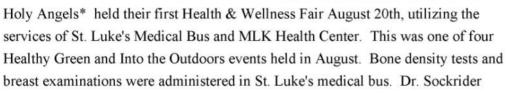
The amazing thing about giving good gifts is that it generally benefits the giver nearly as much as the recipient. I think of the congregational singing that punctuated our great celebration of the Feast of the Assumption of the Blessed Virgin Mary last month, and I recall the astounding "voice" of praise that nearly lifted the vault off the church that evening. I also remember experiencing the transcendence that comes but infrequently, and then only when fully engaged as part of the people of God in worship.

I love the music of the church, this sacred art. I love every place where the importance of this music is understood and actively fostered. I love music for offering me a foretaste of that great reward which I believe awaits every one of us. Most of all, I love music for giving me a larger voice of praise in this life, in this place, and in ways I can sometimes hardly imagine possible. I will look forward to hearing a measure of your love of God next Sunday.

St. Luke's Episcopal Mobile Medical Ministry Participates in Holy Angels Health & Wellness Fair







volunteered his time to offer the breast exams. BMI calculations and screenings for cholesterol, blood pressure, HA1c (for monitoring diabetes) and blood glucose, were offered by MLK Health Center inside the Bishop P. Greco Educational Center. Mammogram and annual well women appointments were also scheduled. A slideshow on healthy eating was running during the event. Examples of healthy snacks were available to everyone. The Fair was very successful. The participants, the staff of Holy Angels, are hoping the health fair becomes an annual event.



—Kathy Deal

Holy Angels Health & Wellness Fair

Welcome MLK Health Center & St. Luke Mobile Ministry



Jason Geslois, with MLK Health Center, administers the bone density test.











* Holy Angels is a residential and training facility for individuals, from newborn to older adults, with intellectual and developmental disabilities.



THIS DOVE'S FOR YOU

St. James asks you to pray for our children. On October 6—at our next community breakfast—we will have paper doves in the Parish Hall. Each dove will sport the name of one of the children (through high school age) from our parish family. We ask that adults take a dove, place it on your refrigerator, and make the commitment to pray for that child daily over the next year.

To make sure we do not inadvertently leave out a child or get a name wrong, we encourage parents and grandparents to contact the parish office to tell us how you want your child's name written on the dove. We will follow your instructions: we will write out full names, nick names, just first names, or anything else you prefer. We figure God knows who is represented in each prayer.

Please look for the doves at breakfast on October 6 and take one home with you to add to your daily prayers.





THE MISSION CONTINUES...

September News from St. Luke's Episcopal Mobile Medical Ministry

Over the next two months the St. Luke's van will be visiting your church as part of our Healthy Sunday campaign. As an outreach ministry of the Episcopal churches in the Shreve-port convocation we offer preventive health screenings and health care to many of the downtrodden and under-served in our community.

We are visiting each of the Episcopal churches to give you a sampling of what St. Luke's is all about. We will be offering health screenings for hypertension, diabetes, and elevated cholesterol, chronic health problems that affect us all, regardless of our economic status, and will be offering a short healthy eating education session.

Please come out and support St. Luke's and get more familiar with what your outreach ministry provides.

To find out more about volunteering please contact Brenda Nims at <u>stlukesmedicalministry@yahoo.com</u> or 424-0156.

If you would like to make a tax deductible donation to St Luke's Episcopal Medical Ministry please send it to P. O. Box 53074, Shreveport, LA 71135.

St. Luke's Episcopal Mobile Medical Ministry mission is an outreach ministry of the eight Episcopal churches in Northwest Louisiana. Following the command of Christ we strive to improve the health of our community by providing preventive health screenings, basic health services, patient education and referrals to the underserved via our 34 foot medical RV. We serve the area of the Shreve-port Convocation of the Episcopal Diocese of Western Louisiana including the civil parishes of Bienville, Bossier, Caddo, Claiborne, Desoto, Red River, Sabine, and Webster.

22 ND SUNDAY AFTER PENTECOST	23 RD SUNDAY AFTER PENTECOST	
OCTOBER 20	OCTOBER 27	
Genesis 32:22-31 Psalm 121 2 Timothy 3:144:5 Luke 18:1-8	Jeremiah 14:7-10, 19-22 Psalm 84:1-6 2 Timothy 4:6-8, 16-18 Luke 18:9-14	
LOIS MABERRY	JANA KENDRICK	
Janie Parker Dan Bennett	Lynnette van Heerden Larry Lashley	
Brian Whatley	Lois Maberry	
Lynnette van Heerden Karen McDonald	Janie Parker Sissy Brown	
Melanie Winkler Austin Shelton	Hannah Parker Mason Garner	
Faye Wynn Kathy Watkins Lonnie Howard	Debbie Fitzpatrick Holly Johnson	
Pat Parker Sissy Brown Mike Kendrick	Pat Parker Sara Lewis Ron Maberry	
Mike Endicott	Mike Endicott	

St. James Episcopal Church

Sun	Mon	Tue	
Cursillo- October 24 th - 27	7 th Camp Hardtner	1	2 10 a
		HAPPY BIRTHDAY William Bryant Alex Gibson Anne Burke HAPPY ANNIVERSARY Jared & Lauren Ocmand	CORE
6 8:30 AM Holy Eucharist Rite I 9:15 AM Parish Breakfast 9:30 AM DOK	7	8	9 10
11:00 AM Holy Eucharist Rite II	HAPPY BIRTHDAY Kati Butler CORE EXERCISE 1:30 PM	HAPPY BIRTHDAY Jeremy Endicott	HAI Ken V
13	14	15	16
8:30 AM Holy Eucharist Rite I 9:15 AM Coffee 9:30 AM Sunday Forum	HAPPY ANNIVERSARY Stuart & Karen Waguespack	HAPPY ANNIVERSARY Mike & Linda Endicott	10 a
11:00 AM Holy Eucharist Rite II HAPPY BIRTHDAY Jack Brown	HAPPY BIRTHDAY Terra Welch CORE EXERCISE 1:30 PM	HAPPY BIRTHDAY Beau Phillips Pat Parker	CORE
20	21	22	23 10 a
8:30 AM Holy Eucharist Rite I 9:15 AM Coffee 9:30 AM Sunday Forum 11:00 AM Holy Eucharist Rite II	HAPPY ANNIVERSARY Trey & Candy Gibson	HAPPY BIRTHDAY	23 10 a
	CORE EXERCISE 1:30 PM	Ginny Jackson	CORE
27	28	29	30 10 a
8:30 AM Holy Eucharist Rite I 9:15 AM Coffee 9:30 AM Sunday Forum 11:00 AM Holy Eucharist Rite II 12:30PM VESTRY MEETING	CORE EXERCISE 1:30 PM	HAPPY BIRTHDAY Mattie Mosley	CC

OCTOBER 2013

	0010				
Wed	Thu	Fri	Sat		
m Holy Eucharist w/Unction	HAPPY BIRTHDAY Marie England Overeaters	4	Trunk or Truck 7AM- 1PM (rain date Oct. 12) HAPPY BIRTHDAY		
am Holy Eucharist w/Unction PPY BIRTHDAY nedy Lynn Parker Vendt Hartley EXERCISE 1:30 PM	Anonymous 6:30 PM 10 BETH MOORE 6:30PM Overeaters Anonymous 6:30 PM	11 HAPPY BIRTHDAY Debbie Barnwell	Melanie Winkler 12 PARISH RETREAT 8AM- 12PM Garrett Hall		
m Holy Eucharist w/Unction EXERCISE 1:30 PM PPY BIRTHDAY	17 BETH MOORE 6:30PM HAPPY BIRTHDAY Ron Maberry Overeaters Anonymous 6:30 PM	Episcopal Diocese of 34 th Annual HAPPY BIRTHDAY Blake Robertson	al Diocese of Western Louisiana 34 th Annual Convention IRTHDAY HAPPY BIRTHDAY		
Jimmy Deal m Holy Eucharist w/Unction EXERCISE 1:30 PM	24 BETH MOORE 6:30PM HAPPY BIRTHDAY Matt Parker Blake Bostic Overeaters Anonymous 6:30 PM	HAPPY BIRTHDAY Mary Joe Thomas	Choir Retreat 10AM- 4PM St. John's Minden HAPPY BIRTHDAY Andrew Maberry Tammy Parker		
m Holy Eucharist w/Unction ORE EXERCISE 1:30PM	31 TRUNK OR TREAT				
	6:30PM-8PM				

		20 TH SUNDAY AFTER PENTECOST	21 ST SUNDAY AFTER PENTECOST	
LECTIONARY		OCTOBER 6 Habakkuk 1:1-4, 2:1-4 Psalm 37:1-10 2 Timothy 1:1-14 Luke 17:5-10	OCTOBER 13 2 Kings 5:1-3, 7-15c Psalm 111 2 Timothy 2:8-15 Luke 17:11-19	
VESTRY PERSO	ON	THERESA MORMINO	CURTIS SHELTON	
EUCHARISTIC MINISTER	8:30 11:00	Janie Parker Larry Lashley	Lynnette van Heerden Ron Maberry	
LAY READER	11:00	Dan Bennett	Lois Maberry	
LECTORS	8:30 11:00	Pat Parker Janet Moore	Pat Parker Debbie Barnwell	
ACOLYTES	8:30 11:00	Kendall Parker Mason Garner	Kelly Parker Rory Fitzpatrick	
ALTAR GUILD		Kelly Parker Elizabeth Ollendike	Faye Wynn Kathy Watkins Lonnie Howard	
USHERS	8:30 11:00	Pat Parker Mike Kendrick Ron Maberry	Lorain Thrash Denise Shelton Mary Talor	
MASTER OF CER VERGER	REMONIES	Mike Endicott	Mike Endicott	

October Anniversaries

Jared & Lauren Ocmand	Oct. 1
Stuart & Karen Waguespack	Oct. 14
Mike & Linda Endicott	Oct. 15
Trey & Candi Gibson	Oct. 21

October Birthdays

William Bryant	October	1
Alex Gibson	October	1
Anne Burke	October	1
Marie England	October	3
Melanie Winkler	October	5
Kati Butler	October	7
Jeremy Endicott	October	8
Kennedy Lynn Parker	October	9
Wendy Hartley	October	9
Debbie Barnwell	October	11
Jack Brown	October	13
Terra Welch	October	14
Beau Phillips	October	15
Pat Parker	October	15
Jimmy Deal	October	16
Ron Maberry	October	17
Blake Robertson	October	18
Ruston Moore	October	19
Ginny Jackson	October	22
Blake Bostic	October	24
Matt Parker	October	24
Mary Joe Thomas	October	25
Andrew Maberry	October	26
Tammy Parker	October	26
Mattie Mosley	October	28



DIRECTORY UPDATE

Please add the following new information to your directory:

Gary & Susan Bryant and Matt Bryant have moved to:

9665 Levee Road 2 Oil City, LA 71061

Gary's cell: 318-464:6444 Susan's cell: 318-464-9697 Matt's cell: 318-464-4800

The Commission on Addiction and Recovery
Episcopal Diocese of Louisiana
Presents its 23rd Recovery Retreat

"JOY IN THE JOURNEY"

At Hardtner Camp and Conference Center, Pollock, LA.
Friday September 27, 2013, 7:00 p.m. – Sunday September 29, 2013, Noon
Featuring Internationally known Retreat Master

Father Tom W., S.J.

Father Tom W., S.J. travels around the world spreading the good news about spirituality and Recovery and leaves immediately after "Joy in the Journey" to conduct retreats in Asia. He has been involved with people in twelve step programs since 1976. A former Director of the Jesuit Volunteer Corps and a teacher, he has degrees in counseling, education and theology.

(cut here

Registration - "Joy in the Journey"

(Please make checks payable to Episcopal Diocese of Western Louisiana and return ASAP. Space is limited)

ADDRESS:

CITY/STATE/ZIP:

PHONE: (Day) ______ (Evening): ______

E-MAIL ADDRESS: ______

NUMBER OF RESERVATIONS @ \$115.00 ______ TOTAL AMOUNT ENCLOSED: _____

Mail to: Reece Middleton Cost: \$115.00 per person

Shreveport, LA 71106 E-Mail: reece573@bellsouth.net

*Note: Dinner will not be available Friday night. Heavy hors d'oeuvres will be served after the First Meditation.

A GRANDSON FOR KAYE!

Congratulations to Kaye Crichlow on the birth of her grandson, Thomas Connor Crichlow, who arrived to grace the world on Tuesday, August 13 at 8:02am. He weighed 8 pounds, 10 ounces and was 21 inches long at birth. Kaye has noted, "he has beautiful long fingers for tinkling the ivories, and a heck of a set of lungs for singing." He lives in Shreveport with his proud parents, Morris & Paula Crichlow.

Audio/Visual Committee

We have been making improvements in the use of technology at St James, hopefully to make our experiences more user friendly and enjoyable.

In the sanctuary, we are still recording Sermons every Sunday. As soon as Morgan gets back into full swing, they will be available on the WebSite, www.stjames-shreveport.org, for your listening. So if you missed a Sunday or would like to hear a particular Sunday's message again, it is there for you.

We are still offering a peek at our service over the internet. It is intended to give you a sense of comfort when you are at home sick or have been unable to make it to church. Currently it offers a 5 minute window of our service that can be renewed. Go to www.mydlink.com, log in as sanctuary_stjames@comcast.net with a password of "stjames". If this is your first visit, you will have to follow instructions to set up your computer. It also works well with smart phones if you install an available mobile app.

Changes have occurred in our Parish Hall, as well. Since we have had trouble keeping a TV, we now have an overhead projector, hopefully more difficult to remove, more functional and less desirable for theft. We also have the features set up to utilize a microphone, a computer to view the internet or powerpoint presentations, a DVD player to watch DVD's, a VCR (that is the old technology of watching a video through a magnetic tape), and have wireless internet access for your personal computer or smart phone. There is an instruction sheet that has been prepared to allow you to use devices at your convenience, located in the equipment ("Wizard") room. In order to access the wireless internet, simply connect to any signal identified as St. James using the church's telephone number (3186861261) as your password.

Also, to enjoy our newly remodeled Garrett-Hall Building, we have extended our internet service. Again, connect to the wireless identified as St.James with our church phone number as a password. As the weather cools and we can get up in the attic, we will be creating more features such as a local wireless hub for physical cable connection to internet, ability to install video cameras, a computer, and also a telephone, all over our internet link.

Finally, we hope you take advantage of our available technology and don't hesitate to contact us for any help or to simply convey to us any needs or interesting ideas that we should consider. If you have any interest in learning more about technology or joining the committee, get in contact with us (Jerry Howard, Curtis Shelton, and Jana Kendrick).



Your Audio/Visual Committee

MASS ON THE GRASS



ADULT FORUM SCHEDULE

September 22—Dealing with Addiction—Mike Patton, Program Director of CADA (Council on Alcoholism and Drug Abuse), will join us. CADA is an agency that offers medically-assisted detoxification and high-intensity residential programs adults, veterans, pregnant women, and services for adolescents. Come and listen because he has some great information that could help you, your family, your friends, or people you come across who are struggling with addiction.

Additionally, *Joy in the Journey* for recovering addicts is upcoming at Camp Hardtner—see the application in this issue!

September 29—Loyalty Sunday—no Adult Forum

October 6—Community Breakfast—no Adult Forum

October B—TBA





Rally Day was a huge success with our first ever Mass on the Grass followed by a potluck luncheon and plenty or water games to cool us off. Seventy-five people were in attendance at the service and almost everyone stayed to share the festivities. Organizational information was available in the Garrett-Hall building

for all to view.

We made \$160 on the first day of the Silent Auction. The Auction will be extended through Loyalty Sunday on September 29, with bidding stopping at 1pm. Let's see if we can top last year's \$900+. Just sign up for the items you wish to bid on. Theresa Mormino will accept funds from the winners of each item at the luncheon on September 29.











Veterinary Services provided by: Dr. Steven Everson & Dr. Brad Everson

641 Bert Kouns Industrial Loop Shreveport, LA 71118 (318) 686-5945 sohillsvet@gmail.com

SAINT MARY OF THE PINES CATHOLIC CHURCH

1050 Bert Kouns Industrial Loop Shreveport, LA 71118

LOW COST PET VACCINATION CLINIC Sunday, October 6, 2013

> 2:00 p.m. till 5:00 p.m. **SAINT MARY OF THE PINES PARKING LOT**

Bring your pets to be blessed on the Feast of Saint Francis!

If you have any questions, please call: Mary Anne Moore- 687-4799 or 286-5394

Dog Vaccines: DHLP and PV-\$15 Bordetella/Coughgard-\$10 Rabies-\$10 Heartworm tests- \$20

> **Cat Vaccines:** FVRCP- \$12 Leukemia-\$15 Rabies-\$10

Dog/Cat nail trim-\$5 Flea preventative will also be available!





• TRAVEL PACKAGE COURTESY OF VIRGIN AMERICA

Two Main Cabin roundtrip tickets anywhere Virgin America Flies in the U.S. - \$3,000 value

• PAMPER ME PACKAGE

With prizes from Chemistry Hair Salon, Porter's Fine Dry Cleaning, massage, facial, car wash, and more! - \$1,000 value

MONTHLY DINNER PACKAGE

Twelve \$50 gift certificates to some of Shreveport/Bossier's best restaurants. - \$600 value

HOME INTERIOR PACKAGE

Spruce up your home with beautiful interior furnishings, courtesy of Barrett Lighting and Home Interiors. - \$500 value

• INSIGNIA 32" LED HDTV

\$250 value

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REGRETS?—NO, THANKS

When my grandmother was in the hospital, shortly be- fore her death many years ago, she told me she had enjoyed a full and wonderful life, but had one regret. We talked about it quite a bit and I am still convinced that the situation that bothered her was one she could not have controlled.

However, that conversation has stayed with me for a long time, and I deliberately make it my goal to minimize the opportunity for regrets later in life. I realize I may not be able to prevent them altogether—I am just not perfect and never will be. But I can make choices that are informed and control those things that I am able to control.

For example, I have heard on many occasions talk of people who regretted not letting their family know how much they are loved. I've never heard anyone say they wished they had not told their spouse or child or parent that they loved them. My choice is to tell my family daily that I love them. I greet my husband at the door when he comes home from work each day whenever possible. I kiss my daughter and hug her often—even in public, and will do so until she informs me that I'm embarrassing her. And maybe even then, on occasion.

I've heard people say they wish they had instilled a love of the church in their children. I'm doing my best to follow through on that goal. One important step to doing that is to show my child how much I love being a part of the church. I believe communal worship is important and I see that being a part of something bigger than myself allows me to make a difference in the lives of others in a way I could never accomplish on my own.

This is part of why the Episcopal Church is important in my life, especially the people in the St. James family. I believe I have found a place where the spirit of love and generosity is alive and thriving. This is what I want my child to experience when she joins with others in worship and in service. I want her to realize we don't have to be cookie-cutter identical to be part of the family of God, so I've chosen a place where everyone is welcome at all times.

I don't expect perfection from her—and I sure hope she doesn't expect it from me. I want her to grow up knowing that she is loved, that she is a child of God, and that there is joy to be found in helping others. I know she will get this at St. James, because this parish puts serious stock in the phrase, "The Episcopal Church Welcomes You."

—Jnanne Zepeda

ANNOUNCEMENTS SUBMISSION DEADLINE

If you would like an announcement placed in the Sunday bulletin, please submit it by 10:00 am on the previous Wednesday. The office is open Monday-Thursday from 8:30 am until 2:00 pm. Announcements that are in printed form may be mailed, sent through e-mail to stjames_sport@comcast.net, or dropped at the parish office.

Newsletter deadline: October 1st

SPREAD THE WORD

Would you like to brag on your family's achievements, share family milestones with friends, or invite the parish to an upcoming event? You can do so easily by submitting articles to the parish office for publication in the Spirit. There is always room for news of a baptism, wedding, or school achievement. Photographs and stories can be sent via e-mail to stjames_sport@comcast.net or dropped off at the parish office. And if you are shy about doing the writing, just telephone the information to 686-1261 and the writing will take care of itself.

Our Mission Statement: A COMMUNITY CALLED BY GOD TO WORSHIP, LOVE, AND SERVE.

Our Schedule of Services:

Sunday—Holy Eucharist, 8:30am
followed by Coffee Hour and donuts in the Parish Hall
Sunday School, 9:45am
Holy Eucharist, 11:00am
Wednesday—Holy Eucharist with Unction, 10am
Bible Study, 10:30am



THE GARDEN THRIVES

Despite the heat of Louisiana summer and the lack of rain, our Garden Committee managed to produce a bountiful harvest for several months. Output in the garden included two varieties of yellow squash, bell peppers, jalapenos, chili peppers, okra, several varieties of tomato, watermelon, cucumbers, and cantaloupe.

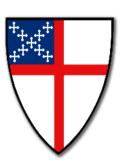
One would think that was plenty of work for one year. However, the committee is not done, yet! They are in the process of preparing the ground for expansion so we will have even more next year. They are also planting the fall crops. Before too long we should begin harvesting vegetables that grow better when the weather is a little cooler than what we've experienced all summer.

We fed many people in our neighborhood and took boxes of veggies to Hope House, Heart of Hope, and local retirement centers. We were very pleased at the number of people from nearby resi-



dences who took us up on our offer to let them stop by to pick vegetables to take home. We'd like to continue that service to our community for as long as possible this year, so as long as the weather holds and the plants thrive, let's share with our neighbors.

If you want an early look at what is going in the ground and what to expect to come out, contact Pat Parker or Jana Kendrick and volunteer to help the Garden Committee plant the fall crops and prepare the new beds.



Vision Statement of St. James Episcopal Church: We see St. James as a spirit-led congregation that is a beacon of God's love shining in the community, welcoming all by reaching out through worship, service, mission, and programming to bring peace and healing to all of God's children. We strive to serve our members by nourishing our faith, giving support in times of need and becoming a congregation from which community-based outreach programs have their genesis.