

The Spirit of St. James

The Newsletter from St. James Episcopal Church

2050 Bert Kouns
Shreveport, Louisiana, 71118
318-686-1261

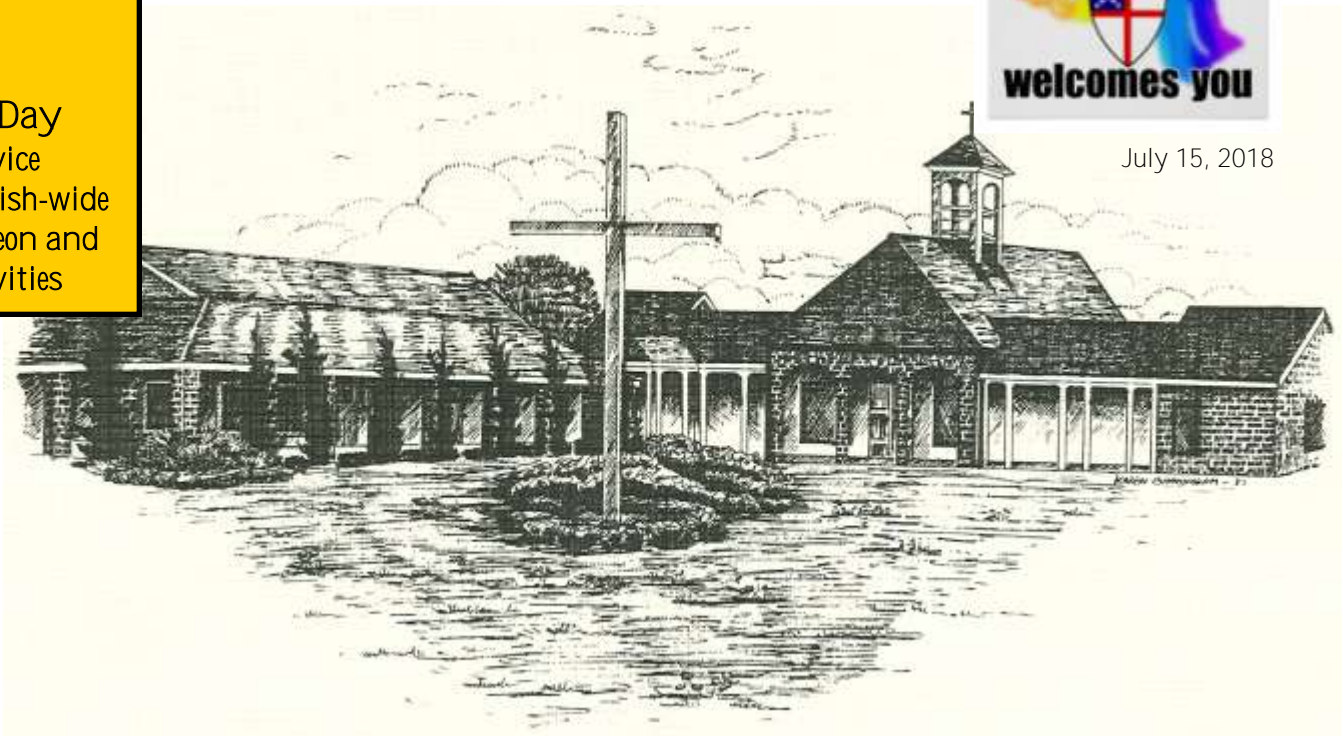


July 15, 2018

June 24, 25, 26
Vacation Bible School
6:00-8:00pm



July 29
St. James Day
10am Service
Followed by parish-wide
pot luck luncheon and
family activities



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Presiding Bishop,
The Episcopal Church:
The Most Rev'd
Michael Curry

Bishop, Diocese of Western
Louisiana:
The Rt. Rev'd Dr. Jacob
Owensby

Rector:

Organist/Choir Director:
Kaye Crichlow

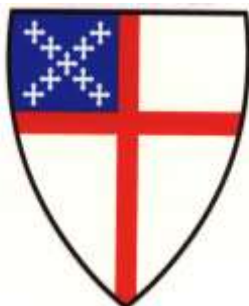
Nursery:
Rhonda Robertson

Parish Administrator:
Jnanne Zepeda

2018 Vestry:
David Scott (19)— Sr.
Warden
Curtis Shelton (21)— Jr.
Warden

Members:
David Caporossi (20)
Krystal Eason (20)
Mike Endicott (19)
Debbie Fitzpatrick (21)
Mason Garner (19)
Ken Murphy (19)
Lauren Ocmand (20)
Matt Parker (21)

Ex Officio:
Thomas Mosley—Treasurer
Julie Eason—Deputy
Treasurer
Janie Parker—Clerk



Church phone: 318-686-1261
Church fax: 318-686-4527
Church E-mail address:
stjames_sport@att.net
Church website:
www.stjames-shreveport.org



A MESSAGE FROM THE SENIOR WARDEN



I'm bad at breakups. Back in my teens, when someone broke up with me, I would head to my room, crank up any album from The Cure, turn off all the lights and wallow in sadness. Later on, my mom would come in the room, open the curtains, turn off the boom box and say, "You want to find someone to care about, no? Well, you're not going to find her in here. Get out of this room and go."

Similarly, I believe we as a congregation can grieve in this way, by putting up a wall to protect us from future hurt. But as my mom tried to explain to me, what we seek will not be found within the walls, but out in the community. I believe at this time, the best thing we can do is to get out and help others. Providing a service, helping them in their time of need, and being visible to others not only helps us grow spiritually, but also draws people in who want to be a part of that community. I encourage all of us to get out of our room, knock down that wall, and become active within and outside the church. Here are three opportunities to do such a thing:

We need volunteers to assist Debbie Fitzpatrick for the upcoming Vacation Bible School from July 24 – 26. As you know, we are combining with Central Christian Church next door, and we expect 20 kids each night. We will need a lot of help: getting supplies, providing food, keeping the kids from climbing the walls, you name it. If you can even volunteer just one night, please try and do so. Serving others will project to the community that we care and support the youth, and you will feel a sense of gratitude in helping others.

Another is the school supplies for Forest Hill Elementary. This year, we have an unusually high number of items that are still needed for the 30 backpacks that we present to the school. Approximately 70% of the students are considered low income, and these supplies are vital to their success in the classroom. Please consider picking up one or two items as you do your weekly shopping trip to Walmart or Target.

Finally, there is an opportunity to serve within the church. Due to attrition and people going off to school, we are seriously short on servers during the church service. We need help. I need help. I love to serve, but there is only so much that one person can do. The Acolyte, Lay Reader and Lay Eucharistic Minister are all important in assisting the priest in their duties, and when one or more are missing, the service doesn't shine as bright. You don't know what to do? We can teach you. You don't know if there is an alb that's your size, or can't figure out how to tie the cincture? That too can be taught. Will you be nervous? Of course you will, especially the first time. But the more you do it, the more comfortable you will get, and you'll see that your fears were unwarranted. Most importantly, you are serving your church and others to the glory of God.

As we serve others, and as we help the community, we serve God; so let's get out of this room and go..

Blessings
—David Scott

Outreach News

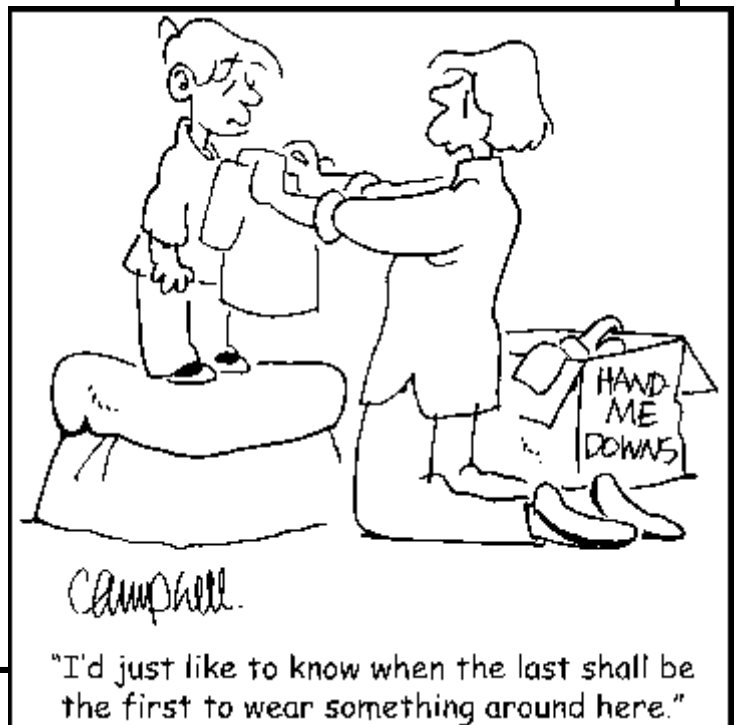
A big thank-you to everyone who has dropped off supplies to fill the Forest Hill Elementary backpacks. We will be stuffing the packs after the parish-wide luncheon on July 29. (An e-mail has gone out to form the parish office listing those items we still need). Please join us!

Anyone who wishes to make monetary donations to Outreach to help fund the purchase of those supplies still needing to be picked up (after donations are deposited in the Parish Hall) are encouraged to do so. Just leave your contribution in the offering plate with a note designating it for the Backpack Program or drop your donation by the parish office during business hours. Thanks in advance to everyone who helps with this vital ministry. Let us do our part to help the children in Southern Hills stay competitive in the classroom!

This year the Outreach Committee had a longer list of items to purchase than in previous years, which makes a big impact on the Outreach budget. We thank those who have already donated to the backpack program and ask that others consider making monetary donations to offset the greatly increased cost for this academic year.

Outreach at St. James is an integral part of who we are as a parish. We appreciate all that our congregation does to help us reach out into our community, and thank you for supporting our efforts to help those in need.

Photos courtesy Kathy Deal and Jnanne Zepeda



Campbell.

"I'd just like to know when the last shall be the first to wear something around here."

THE GOOD STEWARDS

Thank-you to everyone who has brought school supplies for the backpack program or donated funds to Outreach to help cover expenses. Each summer we fill thirty backpacks for Forest Hill Elementary students from low-income families. Many parishioners come together to help these children get a good start to their academic year with the necessary tools to succeed. We look forward to filling the packs after the luncheon on our St. James Day Celebration, July 29.

Thanks to those who continue to support the students at Green Oaks High School by picking up the pizzas from Pizza Hut and by heating those pizzas to feed to the youth. Currently we provide pizzas to student athletes twice per week as they prepare for the fall football season.

Thanks to those who have been leading Morning **Prayer on Sundays when we don't have a supply** priest scheduled. We appreciate those who provide leadership during the service, giving us a beautiful start to each week. We also appreciate the effort Debbie Fitzpatrick is putting into procuring clergy. Without her we would not share the Eucharist during any of our services.

Special thanks to the clergy members who have taken time to fill in on Wednesdays and Sundays while we search for a new rector.

These are some of the ways that St. James makes use of the time and talents of our parishioners as we strive to be good stewards toward each other and our community.



ROGER WILKINSON AND HIS ART

Dear People of St. James,

You are cordially invited to attend an art exhibit and reception at Pelican House in the Glen Retirement Center at 2 p.m. on July 27. The exhibit features the oil paintings of our long-time parishioner Roger Wilkinson, who now resides at the Glen.

Roger has served in just about every way at St. James, including being on the vestry and serving at the altar, as well as visiting our ill and elderly as a Eucharistic Minister.

His paintings reflect his artistic talent in landscapes, seasonal scenes, and architecture of various types. The colors are rich and soothing. You will be refreshed in mind and spirit while viewing his work. The Glen is on Flournoy Lucas Road. Pelican House is all the way down the main hall and then to your left. Call the Glen at 798-3500 if you need directions.

I'll see you there!

p.s. It is my understanding that Roger's daughter hung all the art work.
Beautiful job, Amy!

~Mattie Mosley



Wilson



THE MISSION CONTINUES ... at the Minden

Food Pantry Distribution

June 16, 2018



The purple hull peas in the TLFP Community Garden are doing great.



The Pet Pantry has been a very popular addition to the Joe Leblanc Food Pantry.



Again, there was an abundance of volunteers to help distribute food, which included summer favorites, watermelon and frozen blue berries.



Leaders from Scout Troop 34 helped in several capacities. One leader manned a sign-up sheet for "Imagination Library", a summer reading program now available in Webster Parish.



St. Luke's medical personnel, working from inside The Christian Church of Minden's food distribution center, gave blood pressure and blood glucose screenings to eighteen clients.

~Kathy Deal



Toby enjoys coming to the Minden clinic as much as the volunteers and clients enjoy him.



3 rd Sunday After Pentecost	14 th Sunday After Pentecost
Rev'd Mitzi George	The Rev'd Andrew Comeaux
August 19	August 26
2:10-12, 3:3-14 11 ns 5:15-20 51-58	1 Kings 8:1, 6, 10-11, 22- 30, 41-43 Psalm 84 Ephesians 6:10-20 John 6:56-69
CAPOROSSO	MIKE ENDICOTT
cott on	Lynette van Heerden Dan Bennett
phy	Julie Eason
Maielli cott	Pat Parker Kathleen Calhoun
Winkler hatley	Kelly Parker Brian Whatley
Fitzpatrick nson	Debbie Fitzpatrick Holly Johnson
r ndrick own	Pat Parker Mike Kendrick Betty McDonald

Growing God's Garden

VBS 2018


*I am the true vine, and my Father is the gardener.
John 15:1*

A joint VBS adventure with Central Christian Church
and St. James Episcopal Church

When: July 29th—26th, 6:00—8:00 p.m.

Where: St. James Episcopal Church Parish Hall

TO REGISTER CONTACT Debbie Fitzpatrick 318-780-8088 or
Cara Johnston 318-286-2584



Any time you are unable to serve as scheduled, please find a replacement or advise the Vestry Person of the Day.

Please join us for our St. James Day celebration
on Sunday, July 29

Eucharist begins at 10am with The Rev'd Andrew Comeaux as celebrant

We will share a parish-wide potluck luncheon in the Parish Hall after the service.

AND we will stuff the backpacks for Forest Hill Elementary School.

Bring your favorite dish to share with your St. James family
and enjoy celebrating St. James Day with us!

ST. JAMES EPISCOPAL CHURCH

Sun	Mon	Tue	
			1 10 am The R HAP Ra
5 <i>The Rev'd Mitzi George</i> 8:30 AM Holy Eucharist Rite I 9:15 AM Parish breakfast 11:00 AM Holy Eucharist Rite II HAPPY BIRTHDAY Jnanne Zepeda Daniel Jackson Jessica Soto Benton Ocmand	6	7	8 10 am The R HAP I
12 <i>The Rev'd Rowena White</i> 8:30 AM Holy Eucharist Rite I 9:15 AM Coffee 10:00 DOK Meeting 11:00 AM Holy Eucharist Rite II HAPPY BIRTHDAY Tommy Mosley	13 HAPPY BIRTHDAY Andrew Thrash Kira Welch	14 HAPPY ANNIVERSARY Bill & Teresa Thrash HAPPY BIRTHDAY Mira Matlock	15 10 am HAP C
19 <i>The Rev'd Mitzi George</i> 8:30 AM Holy Eucharist Rite I 9:15 AM Coffee 11:00 AM Holy Eucharist Rite II HAPPY BIRTHDAY Amber Garner	20 HAPPY BIRTHDAY Connor Matlock Ken Murphy	21 HAPPY BIRTHDAY George Shafer HAPPY ANNIVERSARY Adam & Holly Johnson	22 10 a HAP
26 <i>The Rev'd Andrew Comeaux</i> 8:30 AM Holy Eucharist Rite I 9:15 AM Coffee 11:00AM Holy Eucharist Rite II 12:30 Vestry Meeting	27 HAPPY BIRTHDAY Scott Brown	28	29 10 am HAPPY Gregory HAP

	<p align="center"><i>11th Sunday After Pentecost</i></p> <p align="center">The Rev'd Mitzi George</p> <p align="center"><i>August 5</i></p>	<p align="center"><i>12th Sunday After Pentecost</i></p> <p align="center">The Rev'd Rowena White</p> <p align="center"><i>August 12</i></p>	<p align="center"><i>1st Sunday After Pentecost</i></p> <p align="center">The Rev'd</p>
LECTIONARY	2 Samuel 11:26--12:13a Psalm 51:1-13 Ephesians 4:1-16 John 6:24-35	2 Samuel 18:5-9, 15, 31-33 Psalm 130 Ephesians 4:25—5:2 John 6:35, 41-51	1 Kings Psalm 1 Ephesians John 6:5
VESTRY PERSON	KEN MURPHY	DAVID SCOTT	DAVE C
EUCHARISTIC MINISTER	8:30 Lynette van Heerden 11:00 Brian Whatley	Janie Parker Dan Bennett	David Sc Julie Eas
LAY READER	11:00 Ken Murphy	David Scott	Ken Mur
LECTORS	8:30 Debbie Fitzpatrick 11:00 Sissy Brown	Pat Parker Julie Eason	Chelsea David Sc
ACOLYTES	8:30 Melanie Winkler 11:00 Austin Shelton	Kelly Parker Austin Shelton	Melanie Brian W
ALTAR GUILD	Kathy Watkins Faye Wynn	Kathy Watkins Faye Wynn	Debbie F Holly Jo
USHERS	8:30 volunteer 11:00 Mike Kendrick Mary Taylor	Pat Parker Mike Kendrick Betty McDonald	voluntee Mike Ke Sissy Bro
	Wed. 1 st - The Rev'd Rowena White	Wed. 8 th - The Rev'd Rowena White	



FAMILY MOVIE NIGHT

Parishioners attending Family Movie Night in July enjoyed a wonderful spaghetti dinner with the film, *The Book Thief*. The next movie night will be held on August 2, when we will be showing the Star Wars hit, *The Last Jedi*, starring Carrie Fisher, Mark Hamill, John Boyega, and Daisy Ridley.

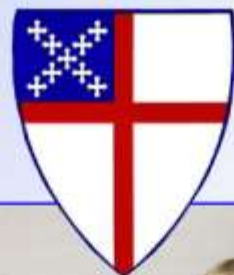


Photos courtesy
Kathy Deal

July's First Sunday Breakfast



Curtis and his crew cooked up a great First Sunday Breakfast. Everything was wonderful, although Benton thought the orange juice was too sour.



Polly and Kaye, with Wainwright, the choir bear. All dressed in their 4th of July finest.



WASTE NOT, WANT NOT—OR SO WE PLAN

There are several steps we take around St. James to act as good stewards of our resources. For example, when we replaced some of the heating and a/c units we installed programmable thermostats. When used properly, these save quite a bit of money, keeping the buildings at comfortable temperatures while in use without wasting resources during down time. But they only work as intended when they are used as intended.

The thermostats are programmed to save energy when the buildings are not in use and to adjust the temperature in the space an hour or so before we need it so there is time for the space to become comfortable when people arrive. If the space is used at a time that is not part of the normal schedule, it can be adjusted manually, and it will return to the programmed temperature a couple of hours later. However, if someone adjusts the setting and moves the thermostat to “hold” it will remain at that temperature until manually changed. This results in using lots of extra energy when not necessary (and raising the energy bill accordingly) and having the building not be comfortable at the times it is programmed for use.

Please, be aware of this when adjusting the temperature in the nave. However, we do not have programmable thermostats in the Parish Hall or the Garrett-Hall Building, so those must be adjusted manually. Please, reset the thermostat to 80 for the week during the summer (and 60 during the winter) to help conserve energy in both those spaces. Also, don't leave the thermostats in the nave set in the “hold” mode.

Turning the thermostats up too high or turning off the system allows condensation to build up inside the walls and mold to grow. In the past we have dealt with removing mold from walls in the Garrett-Hall building. Let's prevent that from happening, again, but following the recommendations of the heating and air conditioning experts who service our units.

Keeping our energy costs down leaves us with more money to spend on reaching out into the community to share our faith and to feed, clothe, shelter, and provide medical care for those in need.



Photo courtesy Jnanne Zepeda

WE VERY MUCH APPRECIATE
YOUR WARM WELCOME
& ALL THE TREATS AT MOM'S
SERVICE EARLIER THIS YEAR.
WE SAID ST. JAMES IN THE
EARLY 60'S & FATHER GARRETT
WAS OUR GODFATHER &
MOM'S BEST FRIEND. ALTHOUGH
WE LEFT AFTER GRADUATION
IT WAS LIKE RETURNING
HOME & MEETING RELATIVES.
YOU DON'T REALLY KNOW
BUT FEEL A CONNECTION
TO. IT'S GREAT TO SEE THE
CHURCH STILL VIBRANT
& GROWING INTO THE FUTURE.
THANKS.

*To thank you for
your kindness and sympathy
at a time when it was
deeply appreciated*
LYDIA RAY
& FAMILY OF
WANDA POOLE RAY SMITH

Our trip to Washington, D.C. for the Close Up Program was amazing and one that we will remember for a lifetime! Thank you for your support and for believing in us!!

Volunteers for Youth Justice
Fair Park Preparatory Academy

Tribal Court Members: Aaliyah, Davion, Jeremiah, Kendall, Deandre, Johnquious, Shayla, Jashanti, Jamarica, Tyrisanna, and Creation



Fair Park Preparatory Academy
Tribal Court
Washington, D.C.
2018

THANKS



PROGRAM UPDATE: Puerto Rico: Moving Forward After the Storm

Our global disaster assistance in 2017 was unprecedented – responding to earthquakes, floods, fires and the most damaging hurricane season in recent history.

Hurricanes Harvey, Irma and Maria left a trail of destruction across Florida, Texas, the Virgin Islands, and other parts of the Caribbean. In Puerto Rico, the U.S. territory had its share of challenges even before last September's one-two punch of hurricanes. The island was in an economic crisis with unemployment more than twice the average of the mainland United States.

In Puerto Rico, first Hurricane Irma struck, followed by the far more damaging Category 5 direct hit of Maria. It was the island's most destructive storm in over 80 years. Maria ripped apart homes and buildings and severely damaged over 75 percent of

the island's agriculture. The cost to rebuild has been estimated at \$95 billion.

Episcopal Relief & Development's assistance to Puerto Rico began even before Maria hit, providing funding for the acquisition and storage of emergency food, water and essentials for survival. Diocesan leaders in San Juan have repeatedly expressed their belief that without this initial aid, people could have died. In the weeks after, technical support and funding continued, including the provision of a massive generator at the Diocese's distribution hub in San Juan. Supplies were delivered to parishes across the island, and local teams even forded streams and climbed through mudslides to reach people in isolated mountain communities. In Ponce, we continue to support volunteer medical brigades that leave Hospital Episcopal San Lucas to attend to those in need of medical help. In a single day, more than 1,500 people receive care.

As we turn to long-term recovery Episcopal Relief & Development is providing direct support to vulnerable households, emotional support for caregivers and assistance with volunteer management, vital networking and advocacy.

We know the future will bring hurricanes to Puerto Rico, so a key part of our work is in disaster preparedness. For Episcopal Relief & Development and the Diocese of Puerto Rico, long-term recovery means we're in it for the long haul – measured in years, not months – and evident in the resilience of the people.

PLANNED GIVING: CONTINUE YOUR STEWARDSHIP WITH

You can ensure that the urgent work of responding to the world's suffering continues for many years to come when you make a bequest or other planned gift to Episcopal Relief & Development through our **Matthew 25 Legacy Society**.




Society members sustain the work of Episcopal Relief & Development through planned gifts such as bequests, life income gifts and charitable trusts. These gifts deepen and

strengthen the work of Episcopal Relief & Development across the globe in a lasting, transformative way.

Planned gifts are what make it possible for us to stay in communities when those places or issues are no longer in the headlines. Your legacy gifts allow us to strengthen the capacity of our partners, to support them in piloting cutting-edge approaches, and to do the research, monitoring and evaluation that allows us to continually improve.

TO LEARN MORE, CONTACT US AT 1-855-312-HEAL (4325). YOU CAN ALSO FIND INFORMATION AT episcopalrelief.org/plannedgiving.

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Our Episcopal Church Welcomes (and Needs) You !

This particular space in our newsletter traditionally speaks to the inclusion of everyone in the Episcopal Church. But I want to look at this on a little more personal level: the inclusion of everyone in OUR PERSONAL Episcopal Church, St. James. We pride ourselves on being a family. It is the single most common answer to the question of what attracted us to St. James in the first place. But all families go through periods of change which strains relationships. We have lost a spiritual leader - again- and maybe feel somewhat abandoned. Morning Prayer is different from the Eucharist that we know by heart and can feel unnatural or confusing. Change is difficult and can be unsettling, but it can also be a means of experiencing new things and discovering new strengths and developing new ministries. We are a very active church, with outreach being a very important part of what we do. Right now, I believe that outreach should include reaching out and ministering to each other in our own family.

In Paul's letter to the Hebrews (Heb 10:23-25) we are admonished to "keep on encouraging each other to be thoughtful and to do helpful things. Some people have gotten out of the habit of meeting for worship, but we must not do that. We should keep on encouraging each other, especially since you know that the day of the Lord's coming is getting closer." How simple is that! Attending church! It doesn't require any particular skills or technology. Anyone can do it. The only requirement is enough love for our church family to sacrifice a little time on Sunday to help encourage each other. That means being in the Sanctuary every Sunday that it is possible for you to attend. Even when it rains. Or you would prefer to sleep. Or the service is Morning Prayer instead of a Eucharist Service.

Do you consider church a passive activity? Do you feel like you only go to church to say a few prayers (that you know by heart, so you don't have to think about it very much), listen to a sermon (that hopefully isn't too long so you'll get home in time to see the Saints game), and to get your blessing for the week (i.e. Communion)? Well, according to the Bible, there's a lot more to it! **We are to be part of the Body of Christ, using our gifts to spread the word of God and living as an example of Christianity. That doesn't sound particularly easy to me. I'm going to need some encouragement and support. And that's where my church family comes in. When a "family member" isn't present at church, there are missed opportunities to minister to each other. We gain strength from each other to continue with our Christian lifestyle. Christianity is not an easy path, especially since it so often seems diametrically opposed to current societal norms. Therefore, I am encouraging you to participate in YOUR church. We ARE the church. BE that church. GO to church and encourage others. The Episcopal Church, OUR Episcopal Church, ST. JAMES Episcopal Church welcomes you and needs you!**

--Melanie Winkler

ANNOUNCEMENTS SUBMISSION DEADLINE

If you would like an announcement placed in the Sunday bulletin, please submit it by 10:00 am on the previous Wednesday. The office is open Monday-Thursday from 8:30 am until 2:00 pm. Announcements that are in printed form may be mailed, sent through e-mail to stjames_sport@att.net, or dropped at the parish office.

Newsletter deadline: August 1st

SPREAD THE WORD

Would you like to brag on your family's achievements, share family milestones with friends, or invite the parish to an upcoming event? You can do so easily by submitting articles to the parish office for publication in the Spirit. There is always room for news of a baptism, wedding, or school achievement. Photographs and stories can be sent via e-mail to stjames_sport@att.net or dropped off at the parish office. And if you are shy about doing the writing, just telephone the information to 686-1261 and the writing will take care of itself.

*Our Mission Statement: A COMMUNITY CALLED BY GOD TO WORSHIP,
LOVE, AND SERVE.*

Our Schedule of Services:

Sunday—Holy Eucharist, Rite 1 8:30am

followed by Coffee Hour and donuts in the Parish Hall

Sunday School, 9:45am

Holy Eucharist, Rite 2 with music 11:00am

Wednesday—Holy Eucharist Rite 2, 10am



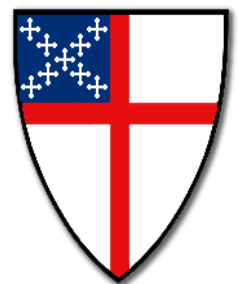
SUMMER HEAT TAKES A TOLL ON THE GARDEN

August isn't even here, yet, and the Community Garden is showing signs that it is suffering from the blistering sun and heat. Although the tomato leaves are turning brown, the vines have many fruit ripening and ready for harvest. The sunflowers are thriving in this weather, sporting beautiful blooms and making tasty seeds for later in the season.

Pat Parker and Dave Caporossi have harvested quite a bit for community consumption so far this summer. Tomatoes, green beans, squash, okra, and cucumbers have made their way to the recipients of the Meals on Wheels program, producing delight and happiness. We give thanks for the wonderful harvest and the ability to share our bounty. God is good.



Photos courtesy
Kathy Deal



Vision Statement of St. James Episcopal Church: We see St. James as a spirit-led congregation that is a beacon of God's love shining in the community, welcoming all by reaching out through worship, service, mission, and programming to bring peace and healing to all of God's children. We strive to serve our members by nourishing our faith, giving support in times of need, and becoming a congregation from which community-based outreach programs have their genesis.