

*Our Mission Statement: A COMMUNITY CALLED BY GOD TO WORSHIP,
LOVE, AND SERVE.*

Our Schedule of Services:

Sunday—Holy Eucharist, 8:30am
followed by Coffee Hour and donuts in the Parish Hall
Sunday School, 9:45am
Holy Eucharist, 11:00am
Wednesday—Holy Eucharist with Unction, 10am
Bible Study, 10:30am



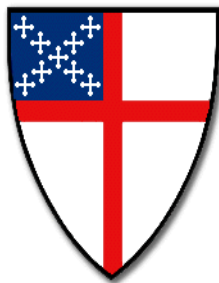
COMMUNITY GARDEN PROJECT GOING STRONG

Thanks to the efforts of the hard-working garden committee, we have a bumper crop of yellow squash this year and our okra is coming on strong with beautiful flowers and healthy fruit. The peppers, cucumbers, and tomatoes are just beginning to ripen. We even have a couple of watermelon in the very beginning stages of growth.

We are pleased to report that the community garden is starting to serve the community. We've had some phone calls from neighbors asking if they may pick a few veggies, and we have let them know that is why we planted our garden! As we advertised in the neighborhood flyer, anyone in need of fresh produce may call the office at 686-1261 and make arrangements to come and help harvest. So far we've had a mother with a young child and two other women who live alone who have taken us up on our offer. We've also delivered produce to Holy Cross Villas where the residents are very pleased to receive fresh items.



Pat Parker and Jana Kendrick, co-chairs of the committee, advise they plan to expand the garden to an even larger size next growing season. It's not too late to jump in and help the committee care for our current crop. Contact Pat or Jana to volunteer your time and talents. And if you don't have the skills already, they would love to help you learn!

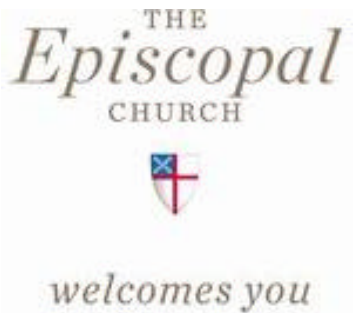


Vision Statement of St. James Episcopal Church: We see St. James as a spirit-led congregation that is a beacon of God's love shining in the community, welcoming all by reaching out through worship, service, mission, and programming to bring peace and healing to all of God's children. We strive to serve our members by nourishing our faith, giving support in times of need and becoming a congregation from which community-based outreach programs have their genesis.

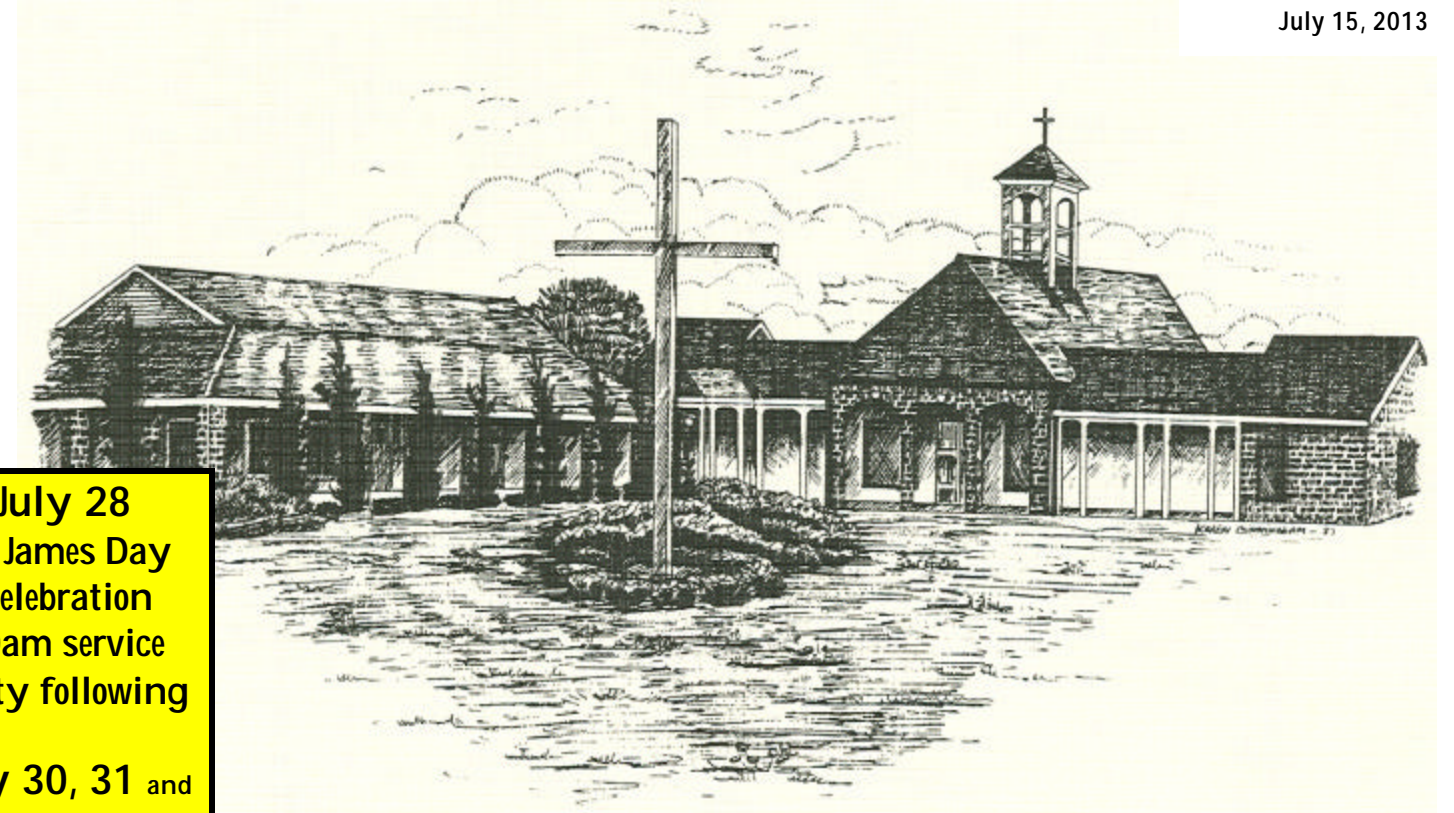
The Spirit of St. James

The Newsletter from St. James Episcopal Church

2050 Bert Kouns
Shreveport, Louisiana, 71118
318-686-1261



July 15, 2013



July 28
St James Day
Celebration
10am service
Party following

July 30, 31 and
August 1
VBS
6:30-8pm

Non-Profit Org.
U.S. Postage
PAID
Permit No. 359
Shreveport, LA

Mailing Address:
2050 Bert Kouns Industrial Loop
Shreveport, LA 71118
Return Service Requested



Presiding Bishop,
The Episcopal Church:
The Most Rev'd Dr.
Katharine Jefferts Schori

Bishop, Diocese of Western
Louisiana:
The Rt. Rev'd Dr. Jacob
Owensby

Rector:
The Rev'd Morgan
MacIntire

Organist/Choir Director:
Kaye Crichlow

Nursery:
Rhonda Robertson

Parish Administrator:
Jnanne Zepeda

2013 Vestry:
*Curtis Shelton (14)— Sr.
Warden*
*Lois Maberry (16)— Jr.
Warden*

Members:
Dave Caporossi (16)
Jerry Howard (14)
Jana Kendrick (16)
Theresa Mormino (15)
Wain Thompson (15)
Lorain Thrash (15)
Lynette van Heerden (14)
Ex Officio:
Thomas Mosley—Treasurer
Janie Parker—Clerk



Church phone: 318- 686-1261
Church fax: 318- 686-4527
Church E-mail address:
stjames_sport@comcast.net
Church website:
www.stjames-shreveport.org



Outreach News

Whether it's a simple smile, or something more dramatic, any kind act you perform has the same positive effect – on both the recipient, and you. Below are some sample acts of kindness.

- Open the door for someone.
- Give a helping hand when you see someone carrying alot of stuff.
- Give a homeless person your leftovers from a restaurant you just ate from.
- Purchase a couple of umbrellas, blankets, ponchos at a dollar store and keep it in your trunk – when it's a rainy/cold day, find a person who needs it and give them one.
- Give a lottery ticket to a stranger.
- Leave anonymous thank you notes to teachers.
- Invite a friend to the movies or dinner.
- Put change in a vending machine.
- Leave a book you have already finished somewhere for someone else to read.
- Drop off a toy or game at a homeless shelter.
- Pay for a bridge toll for the person behind you.
- Send someone a small gift anonymously.
- Drop off flowers at your friend or neighbor's house.
- Buy a meal for a homeless person.
- Buy a movie ticket for the person behind you in line.
- Pay for someone's meal behind you at a fast-food drive-thru.
- Write an inspirational note to someone who needs inspiration.
- Send a card to someone in the military overseas.
- Put something you no longer need on craigslist.org for free.
- Drop off a toy or game at a hospital.
- At the post office, leave some extra stamps at the stamp machine.
- Buy a phone card and give to a homeless shelter for them to give to someone.
- Open the phone book, pick a name, and send them something (movie tickets, thank you card, book, etc.) anonymously.
- Take flowers to a hospital ward and give them to someone who hasn't had any visitors.
- Drop off teddy bear to police department to give to traumatized children.
- Drop a few coins in an area where children play, where they can easily find them.
- Write letters of appreciation to groups who are helping the community, the environment, etc.
- Go to a tourist spot and offer couples/families to take their pictures with their camera.
- If you know someone who is having a hard time financially, pop \$5, \$10 or \$20 in an envelope, disguise your writing or type the envelope, and mail it to them.
- Tape some change to a payphone with a card saying it is for whoever needs it.
- Write anonymous, loving post-its for strangers to find.

LET'S CHANGE THINGS FOR THE BETTER

The times, they are a'changin'. Desperate times call for desperate measures. Nobody ever said life is fair. And a whole lot more clichés are available if we want to look for them. Sometimes they are used to justify unfair and unequal treatment of others. Sometimes they are used in an attempt to console, as if knowing others have experienced similarly unjust situations would make a person feel better about their own dilemma.

I'd like to propose a change in attitude. Sure, I can believe nobody ever said life is fair. But that doesn't mean it shouldn't be fair. Knowing (or being reminded) that "that's the way it has always been," is not an excuse for continuing to do something we shouldn't. And the only way we can rectify any bad situation is to take an active role in making a change. So, let's put a positive spin on the adage that times are changing and work to improve those things that we believe need improvement.

When we notice something that isn't fair, whether it is in our government, our children's schools, our church, or anywhere else in our communities, we need to speak up and step up. When we sit back and watch, shake our heads, and mutter about a situation, we are part of the reason the situation may continue into the future. We may not have been part of the reason it developed in the first place. We may not have caused it. But once we are aware of a problem and we do nothing to solve it, we become part of it.

Now that is something that I really love about the Episcopal Church. We are among the forerunners in making positive changes in our communities. Take a look at some of the topics that have been discussed at General Convention. The Episcopal Church was at the forefront of making recommendations regarding conserving petroleum and reducing solid waste by using alternatives to bottled water. The Episcopal Church was among the first of the mainstream churches to ordain women. The Episcopal Church was among the first to ordain non-white clergy (to serve in white congregations) in this country.

The Episcopal Church is openly supportive of all individuals, teaching that all are equal in the sight of God and should be equal in the sight of humans, as well. The Episcopal Church is not afraid to take a stand for what is right, just, and fair, even if it happens to be controversial. We are please to say, "The Episcopal Church welcomes you."

—Jnanne Zepeda

ANNOUNCEMENTS SUBMISSION DEADLINE

If you would like an announcement placed in the Sunday bulletin, please submit it by 10:00 am on the previous Wednesday. The office is open Monday-Thursday from 8:30 am until 2:00 pm. Announcements that are in printed form may be mailed, sent through e-mail to stjames_sport@comcast.net, or dropped at the parish office.

Newsletter deadline: August 1st

SPREAD THE WORD

Would you like to brag on your family's achievements, share family milestones with friends, or invite the parish to an upcoming event? You can do so easily by submitting articles to the parish office for publication in the Spirit. There is always room for news of a baptism, wedding, or school achievement. Photographs and stories can be sent via e-mail to stjames_sport@comcast.net or dropped off at the parish office. And if you are shy about doing the writing, just telephone the information to 686-1261 and the writing will take care of itself.

St. James Episcopal Church
2050 Bert Kouns
Shreveport, LA 71118

July 15, 2013

Let's a lot going on at St. James Episcopal Church. We have a free community breakfast for anyone who wishes join us the first Sunday of each month from 9:30am to 11am. Donations are welcome to attend the 9:30 service or breakfast at the 11am service afterward, but this is required. We just want to help feed hungry people.



St. James will host a rummage sale October 5. Call us at 686-1261 to rent your space and sell your stuff. Pay only \$25 to rent the space and you keep the sales money.

We have a community garden which produces vegetables that we give away to those in need. If your family could use some fresh produce, give us a call and we'll let you know and help harvest.



Our Vacation Bible School is scheduled for July 30-31 and August 1. It begins at 6:30pm with a light supper and ends at 8pm each evening. Set sail with us as we cruise with Nosh on the SS Ark. Phone 686-1261. In register.



**ST. JAMES
EPISCOPAL CHURCH**

2050 BERT KOUNS
SHREVEPORT, LA 71118
(318) 686-1261



If you live near the church you may have already received your neighborhood flyer. These were mailed on July 2 as a way to get the word out to people who live near us that we are here to serve. We hope to share everything we do with the people who live

close by—such as our wonderful VBS program, the great veggies coming out of our garden, our neighborhood breakfasts, and the upcoming rummage sale.

TIME TO MAKE A CLEAN SWEEP OF EVERYTHING

The rummage sale committee is off to a good start with planning our **Truck or Trunk Sale** to be held October 5. Instead of the traditional church rummage sale where parishioners schlep their stuff to the church, dump it off, and leave it to be sorted, tagged, arranged, sold, and cleaned up, we're borrowing an idea from the All Saint's Universalist Unitarian Park-it Market.

We will be renting spaces in the large parking lot to anyone who wishes to set up a sales booth. This will be more of a flea market than garage sale. Vendors will pay \$25 to rent two parking spaces—one to park their car and one to set up a sales area. St. James collects the rental money for our operating budget. Vendors keep all their sales money.

We will also have a concession stand, which will be run by our youth as a fund raiser for the EYC. Donations of two quilts have already been accepted for raffle. If you have an item of value that you wish to contribute to the raffle, please contact Theresa Mormino.

We will need people to help direct parking, set up tables for those who wish to rent them (for \$5 each), and to donate baked goods or snack items for the concession stand. We ask that any food donation be packaged in individual portions. The EYC is accepting chips and drinks in addition to cookies, brownies, etc.

If you wish to rent a booth, telephone the parish office at 686-1261 or send an e-mail to stjames_sport@comcast.net. You may reserve your booth now and payment is required in September.

Watch the newsletter and Sunday announcements for more information!

Outreach News

- At a restaurant, pay for a table's lunch or dinner anonymously.
- Pay for someone's groceries.
- Volunteer your time at a non-profit organization.
- Smile!
- Acknowledge the cashier who's helping you and genuinely ask them how they're doing.
- Wave back to children who wave at you.
- Say hello.
- Reach an item off a high shelf for someone.
- Give up your seat to someone who needs it more.
- Remove debris or other obstacles from a road or path.
- If you arrive at a stop sign at the same time as another driver, let them go first.
- Pay someone a compliment.
- Help someone with their groceries or bags.
- Offer to help an elderly neighbor with their household chores.
- Call a friend randomly and let them know you're thinking of them.
- Bring a treat to work to share with your coworkers.

Try a few. You'll find that the benefit far outweighs the effort. Kind people have been found to be more thankful, less stressed, and overall lead healthier lives!

Reprinted from the website, SpreadKindness.org

"Kind words can be short and easy to speak, but their echoes are truly endless."
—Mother Teresa

—Karen Waguespack



Vestry Meeting Highlights—June 2013

The vestry met on Sunday, June 02, 2013, after the second service. Summer plans were discussed and once again, St James is going to be a busy place! Watch your newsletter for scheduled events.

The women's restroom in the parish hall is now fully handicapped accessible...thank you Keith and Lois.

The vestry was reminded that the thermostats in the church are programmed for Sunday and Wednesday services. Any time they adjusted from those two programs, they **MUST** be reset by pushing the "run program" button. Otherwise, they will not run as programmed.

We have plans for a Back Pack/School Supply drive scheduled for August. We can all begin purchasing standard school supplies now on our trips to stores that have them. This is going to be a really big outreach program by St James.

Eighteen new niches for the columbarium have been approved for purchase. They are being pre-sold now and are \$850/each. If you were at the adult forum that discussed funerals and expenses, you know that the St James columbarium is a real bargain! Purchase your niche now by phoning the office.

July 28th we will celebrate St James Day (7/25) with one service at 10am and a pot luck luncheon afterward...start planning on bringing lots and lots of food. We here at St James love to eat and we all know we have some great cooks, too.

Curtis Shelton adjourned the meeting with prayer.

Janie Parker, Clerk



"When I said I wanted to fill the pews, I didn't mean us personally."

THE GOOD STEWARDS

Thank-you to all who participated in the legacy luncheon—especially Debbie Knight who envisioned this and presented the idea to the Vestry six years ago, and Lois Maberry who spearheaded the work this time around. Special thanks also to Roger and Molly Wilkinson for their inspiring message.

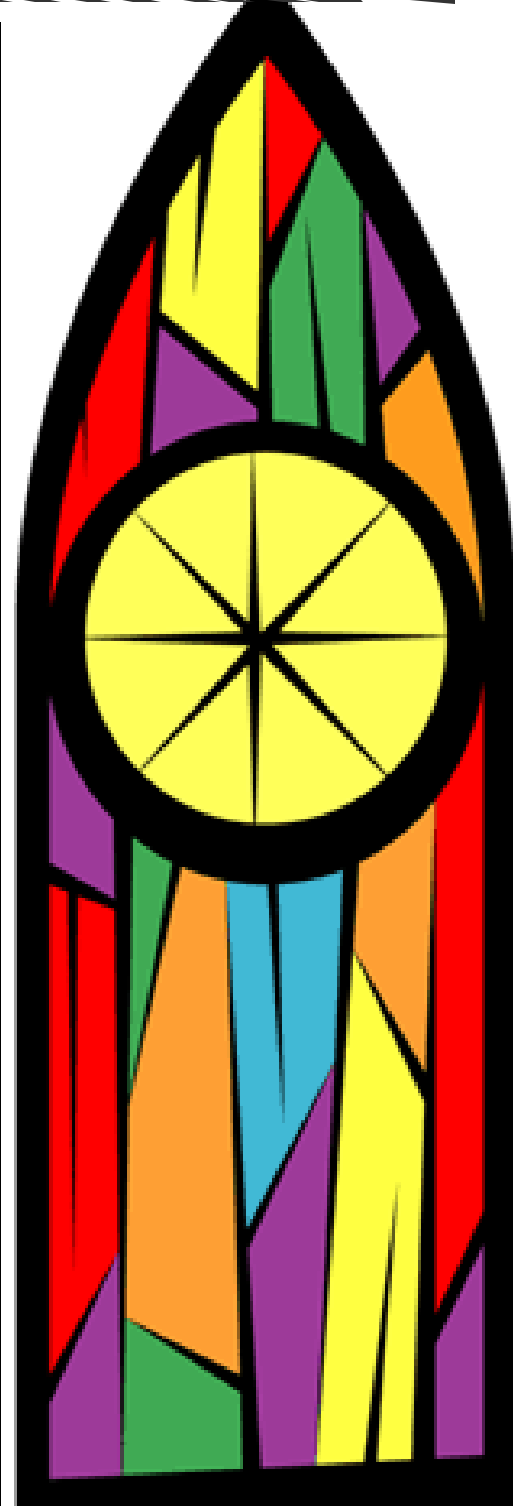
We realize many people took part, from grocery shopping, through cooking, serving, and cleaning up, as well as putting together and mailing the invitations, serving at the altar during the service, making people feel welcome, and preparing presentations.

This ministry is very important for many reasons. Not only does it give our parish an opportunity to show our appreciation of all the people who laid the groundwork for what St. James has become, but it allows us to share this with people outside the parish. We have so many programs and events at St. James that are geared toward our younger members and run by our older members. This was a chance for the senior generation to accept the accolades that we recognize they deserve.

Our invitations to this event are always sent to a wider range of people than just our own members. Friends and family of St. James parishioners are included in the invitations, as we recognize that we are part of a larger community. When we open our events up to people outside the parish we let them know that we do indeed welcome everyone. As a result, we've actually had an increase in the number of people who attend St. James, and some have even transferred their membership because they feel welcome and accepted into our family.

This is one of the ways that St. James makes use of the time and talents of our parishioners as we strive to be good stewards toward each other and our community.

Thanks to Hannah and Kendal Parker for their donation of books to the nursery. Because of their generosity, our very young members have a larger selection of age-appropriate books to keep them entertained during services. These ladies are getting an early start at demonstrating good stewardship in our community.



CELEBRATE ST. JAMES DAY WITH US!

As has become our tradition, we will share one service at 10am on St. James Day, which we will celebrate on July 28. Bring a dish to share with your St. James family during the potluck dinner that will be held in the Parish Hall immediately after the service. And once we have cleaned the tables enough to play, we will engage in a rousing game of Bingo! Sheltered from the sweltering summer heat, we'll sit in the air-conditioned comfort and enjoy fellowship, fun, and games.

Lois Maberry is spearheading the planning, with assistance from Karen McDonald and the Vestry, but that doesn't mean they don't need your help. Contact Lois to volunteer to help set up, clean up, or provide additional games for the children. We also need white elephants for the Bingo prizes. They can be dropped off in the collection box in the Parish Hall any time before July 28.

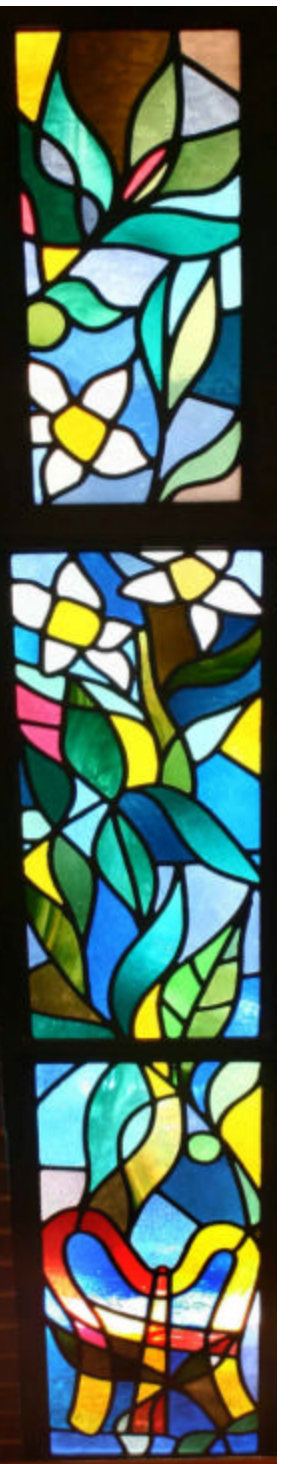
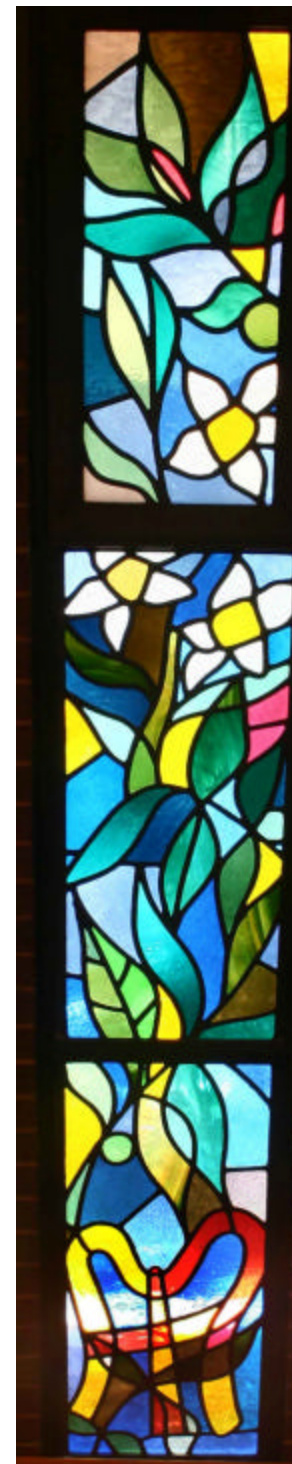
Start planning now what delectable treat you plan to bring to the potluck party. And don't forget to contact Lois to volunteer to help. The more folk who pitch in, the easier the load will be for everyone.

SALVATION ARMY FOOD BARRELS NEED FILLING

The Salvation Army picked up the overflowing food barrels again. Thanks to all who have helped with this ministry. Now that we have empty barrels, there is plenty of room to fill them again. Just leave non-perishable food items and paper products in the barrels located just inside the Parish Hall entrance.

DAILY MEDITATIONS BOOKLETS AVAILABLE IN NARTHEX

The August/September/October issue of the Forward Day by Day is waiting for you on the narthex table. Anyone who missed out on the previous issue may still get one from the parish office until August 15 when they will be donated to charity. We also keep issues of Our Daily Bread on the narthex table. The current issue goes through August, and we already have the next issue ready to set out. A \$1.00 donation helps defray the cost for the parish.



Why Volunteer

July 15, 2013

Our Mission Statement at St. James is, "A Community Called by God to Worship, Love, and Serve". That really sums it up for me. When Jimmy was asked if he would drive the St. Luke's Medical bus, and he accepted, I was a bit of a tag-a-long...helpful by putting in the code when leaving the storage facility (when Brenda wasn't riding with us), and doing registration at our locations in Mansfield, Minden, Keithville, and Shreveport. But, I wasn't in my groove, didn't feel useful, until I started submitting pictures for the church newsletter. That is my volunteering niche. That is my service, and when you serve others, you are blessed. At this year's Legacy Luncheon, I could tell Roger and Molly Wilkinson feel this. Both Roger and Molly were passionate about their volunteer positions that benefitted the congregation of St. James. You just need to identify your talents, your strengths, your gifts, and put them to use in God's service. St. Luke's Episcopal Medical Ministry needs volunteers in a variety of areas. Brenda would love to hear from you.



As far as gifts go, the gift of humility, is also important in missionary work. I believe putting your pride aside, and being on the receiving end of service is a blessed gift to another person. We may be put in a position where it is more godly to accept help than to stubbornly insist on being self reliant. God may be using you to nudge someone else into serving you, and thereby Him. I am getting somewhat better at accepting help from others and thus not depriving them of a blessing of God's grace.

To all the St. Luke's Medical Bus clients who are so patient and appreciative, and to all my fellow volunteers, thank you for the opportunity to serve.

—Kathy Deal



P.S. For those still reluctant to volunteer for any reason,

for those stuck in a volunteer position that doesn't fit, remember what Jnanne wrote in the May newsletter...

"You can always change your mind".



July 15, 2013



LEGACY LUNCHEON



For those who loved the meal at the Legacy Luncheon, and requested recipes, Lois is sharing how she made the salad and the main dish. Enjoy!

Hint of Mint Fruit Salad

1 cup sugar a boil. 1 cup water
1 cup loosely packed mint sprigs
2 ½ cups chopped apples
2 ½ cups chopped ripe pears
2 cups cubed fresh pineapple
2 cups sliced fresh strawberries
1 cup fresh blueberries
1 cup mayonnaise

In a large saucepan, bring sugar and water to a boil. Reduce heat; simmer, uncovered for 4 minutes. Remove from the heat. Add mint; cover and steep for 20 minutes. Strain and discard mint. Transfer syrup to a small bowl; refrigerate until chilled.

Just before serving, combine the fruit in a large bowl. Stir mayonnaise into mint syrup until blended; pour over fruit and toss to coat.

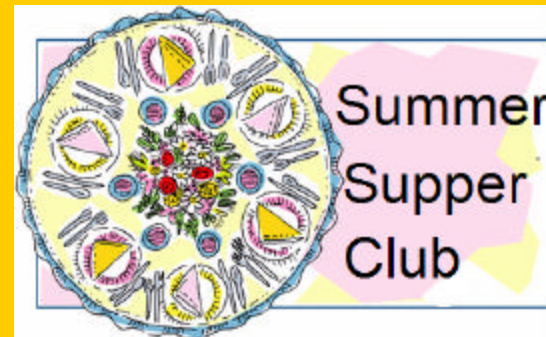
Roasted Veggie Pasta

4 small zucchini, halved and cut into 1-inch slices
2 large onions, cut into wedges
2 medium yellow summer squash, halved and cut into 1-inch slices
2 large sweet bell peppers, cut into 1-inch pieces
1 cup baby carrots
2 tablespoons olive oil
3 ½ cups uncooked fusilli pasta
2 cups (8 ounces) shredded fontina cheese
1 ½ cups heavy whipping cream
½ cup canned diced tomatoes in sauce
½ cup grated Parmesan cheese, divided
2 cloves garlic, minced
½ teaspoon salt
¼ teaspoon pepper

In a large bowl, combine the first six ingredients. Transfer to two greased 15 x 10 x 1 baking pans. Bake at 450 degrees for 25 minutes or until crisp-tender; set aside. Reduce heat to 350 degrees.

Cook the pasta according to the package directions drain. Add the fontina cheese, cream, tomatoes, ¼ cup Parmesan cheese, garlic, salt and pepper. Stir in the vegetable mixture.

Transfer to a greased 13 x 9 baking dish. (Dish will be full). Sprinkle with the remaining Parmesan cheese. Bake uncovered, for 25-30 minutes or until hot and bubbly. Makes 16 servings.



Who: Those interested in a little pure social fellowship

When: One evening in July and one evening in August

Where: The Parish Hall at St. James

What to bring: Side, salad, or dessert and each person will provide their meat of choice to grill

St. James will provide beverages and coals. Come to cook-out and relax with friends for a laid-back evening of fellowship!

—Lois Maberry

After working hard to prepare breakfast and clean the kitchen and Parish Hall on July 7, the members of the EYC attended the 11am service, then relaxed at the home of Pat & Janie Parker for a cook-out and swimming party. They also held a short organizational meeting to discuss what activities they want



EYC TO EMBARK ON AN ADVENTURE AUGUST 9, 10, & 11

The EYC is heading out for a weekend retreat—just for fun and relaxation. Several activities are being planned to provide fresh air, exercise, great eats, fellowship, and entertainment. Our youth should return refreshed and ready for school—well, and maybe a little sleepy.

Contact Debbie Fitzpatrick for details about the trip. Any youth in middle school or high school who wishes to participate in any of the EYC activities are encouraged to do so.

The youth are working hard to raise the money they need to afford the trip. The EYC would like to sincerely thank everyone who supported their fundraising efforts at the breakfast on July 7th. With your help, they were able to raise \$331! This is roughly half of what they need to meet their goal.

The second will take place on July 28, St. James Day, when they plan to wash cars for parishioners while they worship. You can park your car, go into church, and come back out to a sparkling, clean vehicle! Donations will be accepted at the discretion of the patrons.



to participate in during their adventure and to detail what they need to do to prepare.

Photos provided by Debbie Fitzpatrick

WHAT'S BETTER THAN A ROAD TRIP TO VISIT A FRIEND?



Angie Noelani, Betty Langhorst, Mona Freeman, and Nita Magee spent a wonderful day together on June 28 when they met at St. James, left three cars behind, and drove to Natchitoches to visit Doris Richardson. Although the summer heat was intense, it didn't meet the fire of the love these five ladies have for each other. They enjoyed a nice lunch and a fabulous visit together.

Curtis Shelton is organizing Summer Jam Sessions where musicians get together just to play and have fun. Folk who enjoy music and just want to hang out and listen will also be welcome. Summer Jam Sessions will be held in the Parish Hall on July 13th and 27th. We plan to invite the neighborhood by sending announcements to churches in the area, the Southern Hills Business Association, and Southern Hills Homeowner's Association. If you have any questions, contact Curtis.



Jam Sessions

Have you lost something on parish property and just aren't certain where it is? Well, if it is small enough to fit in the pile on my desk, it may be there. Currently I have 3 pair of glasses, some jewelry, and a set of keys. Please stop by when you are at St. James and check to see if any of these items belong to you.

**—Jnanne Zepeda
Parish Administrator**

THE SIGN IS UP



With thanks to Michael & Marty Wainwright for their generous donation and to Matt Parker for taking the time to hang it up, we proudly invite you to admire the new welcome sign at the corner of Bert Kouns and St. James Church Road (yes, our driveway has an official designation). The sign is made of metal and covered with baked-on porcelain, so should be bright and beautiful for many years to come. We hope it truly conveys our message to the community: **The Episcopal Church Welcomes You.**

CHANGING LEADERSHIP IN EDUCATION

St. James thanks Sara Lewis for her work co-chairing the Christian Education program with her sister, Elizabeth Ollendike. Sara has accepted a position working with the youth at St. Mark's Cathedral, so is no longer available to help organize this vital ministry. We appreciate all she has done



and wish her well in her new endeavors. And we are pleased that we can continue to see her at St. James for services and special events.



Holly Johnson has agreed to join the Christian Education team and work with Elizabeth as co-chair for the upcoming academic year. We thank her for agreeing to take on this responsibility and we look forward to a wonderful year of Sunday School programming for our youth under the guidance of these talented ladies.



A MOBILE MEDICAL OUTREACH MINISTRY OF THE EPISCOPAL CHURCHES
IN CADDO, BOSSIER, DESOTO, and WESTER PARISHES
Working to improve the health of hard to reach communities.

July 15, 2013

A THANK-YOU FROM ST. LUKE'S EPISCOPAL MOBILE MEDICAL MINISTRY

St. James,
Thank you for the commitment of
\$1200 for 2013. Your support makes
it possible to offer more services
and better quality services to
the clients that we serve.

This year we have been able
to add a case management navigator
to our team to help clients get the
follow up care they need and not fall
through the cracks. Also we have
expanded the services we offer on
the medical van. We enjoy working
with you to serve our community.
Brenda Nims



THE MISSION CONTINUES...

July News from St. Luke's Episcopal Mobile Medical Ministry

On the St. Luke's Medical Van we try to do more than just meet the health needs of the people we serve. We also want to show them that we care and that they are worthy and respected. We do this by taking time to listen and showing compassion.

This benefit of this was once again apparent this past Father's Day at our Hope House clinic. We had a dedicated group of volunteers come out that morning. Dianne, Susan, Monty and Lynn helped register clients while Kathryn, Nanci and BJ were in the van checking people's blood pressure, glucose and listening to what they needed help with. In addition, we had two physicians, Dr. Lafargue seeing clients with cardiac questions and Dr. Thompson seeing clients with diabetes and skin and respiratory infections. One of the clients we see regularly came in for his usual blood pressure check. He can be a little grumpy and rarely shows a smile. At first he was not interested in talking to the doctor about his hypertension but on second thought he decided it would not hurt. The doctor sat down with him and listened to his questions. This client spent a good 20 minutes getting answers to questions that he had probably never had the opportunity to ask before. And when he left the van he was grinning from ear to ear. It was the simple act of taking the time to listen and showing respect that made the difference in this man's life. Christ asks us to love others and volunteering at St. Luke's gives us that chance to bring Christ to others.

Volunteering is a great way to stay involved in our community and use the talents and skills that God has given us and to share them with others. Everyone has a gift and come explore your gifts as a volunteer with St. Luke's. To find out more please contact Brenda Nims at 424-0156 or stlukesmedicalministry@yahoo.com

If you would like to make a tax deductible donation to St Luke's Episcopal Medical Ministry please send it to P. O. Box 53074, Shreveport, LA 71135.

St. Luke's Episcopal Mobile Medical Ministry mission is an outreach ministry of the eight Episcopal churches in Northwest Louisiana. Following the command of Christ we strive to improve the health of our community by providing preventive health screenings, basic health services, patient education and referrals to the underserved via our 34 foot medical RV. We serve the area of the Shreveport Convocation of the Episcopal Diocese of Western Louisiana including the civil parishes of Bienville, Bossier, Caddo, Claiborne, Desoto, Red River, Sabine, and Webster.

July 15, 2013

August Anniversaries

Mike & Jana Kendrick	Aug 2
Jerry & Lonnie Howard	Aug 9
Chris & Jnanne Zepeda	Aug 10
Bill & Teresa Thrash	Aug 14
Adam & Holly Johnson	Aug 21
Gregory & Jennifer Kirkland	Aug 29

August Birthdays

Raylie Deinna Carroway	Aug 1
Rhyson Dalton Carroway	Aug 4
Daniel Jackson	Aug 5
Jessica Raye Soto	Aug 5
Jnanne Zepeda	Aug 5
Patti Whatley	Aug 8
Tommy Mosley	Aug 12
Kira Welch	Aug 13
Andrew Thrash	Aug 13
Mira Matlock	Aug 14
Chris Zepeda	Aug 15
Debbie Thompson	Aug 17
Amber Garner	Aug 19
Connor Matlock	Aug 20
Alicia Carroway	Aug 23
Kathy Watkins	Aug 23
Scott Brown	Aug 27
Andrew Comeaux	Aug 27
Pat Thrash	Aug 29
Mabry Elizabeth Johnson	Aug 30
Janet Huff	Aug 30



WE REJOICE IN THE BIRTH

We celebrate with Angus & Morgan MacIntire in the birth of their second son, Eoin Arthur MacIntire. He was born at 10:58am on June 25, 2013, weighed 7 lb, 14 oz, and was 20" long. His older sister and brother, Eleri and Eamon, are captivated by the newest addition to the family. And so are grandparents, John (Jr) & Liz Montelepre and his uncle, John Montelepre, III and fiancé Jessica Meyers.

Eoin and his family are happily getting to know one another and adjusting to their new life together.

DIRECTORY UPDATE

Please add the following new information to your directory:

Robert & Rita Haldeman have moved to
144 Interstate 45 N, Apt 808
Huntsville, TX 77320

Join us as we

set sail on the SSArk
with our captain Noah
and our cruise director Debbie Fitzpatrick.

during

VBS

In the

GARRETT-HALL BUILDING
July 30, 31, & August 1

We will begin with a light dinner at 6:30pm
and finish each evening at 8pm.

Contact Debbie Fitzpatrick to volunteer your help
with
teaching, feeding the multitudes, preparing the
space,
making crafts, etc.



				
	THE 11 TH SUNDAY AFTER PENTECOST	THE 12 TH SUNDAY AFTER PENTECOST	THE 13 TH SUNDAY AFTER PENTECOST	THE 14 TH SUNDAY AFTER PENTECOST
	AUGUST 4	AUGUST 11	AUGUST 18	AUGUST 25
LECTIONARY	<i>Ecclesiastes 1:2, 12-14; 2:18-23</i> <i>Psalms 49: 1-11</i> <i>Colossians 3:1-11</i> <i>Luke 12:13-21</i>	<i>Genesis 15:1-6</i> <i>Psalms 33:12-22</i> <i>Hebrews 11:1-3, 8-16</i> <i>Luke 12:32-40</i>	<i>Jeremiah 23:23-29</i> <i>Psalms 82</i> <i>Hebrews 11:29—12:2</i> <i>Luke 12:49-56</i>	<i>Isaiah 58:9b-14</i> <i>Psalms 103:1-8</i> <i>Hebrews 12:18-29</i> <i>Luke 13:10-17</i>
VESTRY PERSON	THERESA MORMINO	CURTIS SHELTON	LOIS MABERRY	JANA KENDRICK
EUCCHARISTIC MINISTER 8:30 11:00	Lynnette van Heerden Brian Whatley	Janie Parker Ron Maberry	Lynnette van Heerden Larry Lashley	Janie Parker Dan Bennett
LAY READER 11:00	Dan Bennett	Lois Maberry	Brian Whatley	Lois Maberry
LECTORS 8:30 11:00	Pat Parker Debbie Knight	Molly Wilkinson Brian Whatley	Janie Parker Debbie Fitzpatrick	Pat Parker Kathleen Calhoun
ACOLYTES 8:30 11:00	Melanie Winkler Mason Garner	Hannah Parker Rory Fitzpatrick	Melanie Winkler Austin Shelton	Kendall Parker Rory Fitzpatrick
ALTAR GUILD	Kelly Parker Elizabeth Ollendike	Kelly Parker Elizabeth Ollendike	Lonnie Howard Kathy Watkins Faye Wynn	Lonnie Howard Kathy Watkins Faye Wynn
USHERS 8:30 11:00	Lorain Thrash Mike Kendrick Ron Maberry	Pat Parker Sissy Brown Mary Taylor	Pat Parker Sara Lewis Mike Kendrick	Pat Parker Denise Shelton Mike Kendrick
MASTER OF CEREMONIES VERGER	Mike Endicott	Mike Endicott	Mike Endicott	Mike Endicott

St. James Episcopal Church

AUGUST 2013

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 HAPPY BIRTHDAY Raylie Carroway VBS 6:30PM- 8PM Overeaters Anonymous 6:30 PM	2 HAPPY ANNIVERSARY Mike & Jana Kendrick	3
4 8:30 AM Holy Eucharist Rite I 9:15 AM Parish breakfast 11:00 AM Holy Eucharist Rite II HAPPY BIRTHDAY Ryson Carroway	5 HAPPY BIRTHDAY Jnanne Zepeda Jessica Soto Daniel Jackson	6	7 10 am Holy Eucharist w/Uncion	8 Beth Moore Bible Study 6:30PM HAPPY BIRTHDAY Patti Whatley Overeaters Anonymous 6:30 PM	9 EYC RETREAT HAPPY ANNIVERSARY Jerry & Lonnie Howard	10 EYC RETREAT HAPPY ANNIVERSARY Chris & Jnanne Zepeda
11 8:30 AM Holy Eucharist Rite I 9:15 AM Coffee 11:00 AM Holy Eucharist Rite II EYC RETREAT	12 HAPPY BIRTHDAY Tommy Mosley	13 HAPPY BIRTHDAY Andrew Thrash Kira Welch	14 10 am Holy Eucharist w/Uncion HAPPY BIRTHDAY Mira Matlock HAPPY ANNIVERSARY Bill & Teresa Thrash	15 HAPPY BIRTHDAY Chris Zepeda Overeaters Anonymous 6:30 PM	16	17 HAPPY BIRTHDAY Debbie Thompson
18 8:30 AM Holy Eucharist Rite I 9:15 AM Coffee 11:00 AM Holy Eucharist Rite II	19 HAPPY BIRTHDAY Amber Gardner	20 HAPPY BIRTHDAY Connor Mattlock	21 10 am Holy Eucharist w/Uncion HAPPY ANNIVERSARY Adam & Holly Johnson	22 Beth Moore Bible Study 6:30PM Overeaters Anonymous 6:30 PM	23 HAPPY BIRTHDAY Alicia Carroway Kathy Watkins	24
25 8:30 AM Holy Eucharist Rite I 9:15 AM Coffee 11:00AM Holy Eucharist Rite II	26	27 HAPPY BIRTHDAY Scott Brown Andrew Comeaux	28 10 am Holy Eucharist w/Uncion	29 HAPPY ANNIVERSARY Gregory & Jennifer Kirkland HAPPY BIRTHDAY Pat Thrash Overeaters Anonymous 6:30 PM	30 HAPPY BIRTHDAY Mabry Johnson Janet Huff	31