

June 21

Bishop's Visitation

10am service

Reception

Following

July 26

St. James Day

10am service

Potluck and water
activities following

The Spirit of St. James

The Newsletter from St. James Episcopal Church

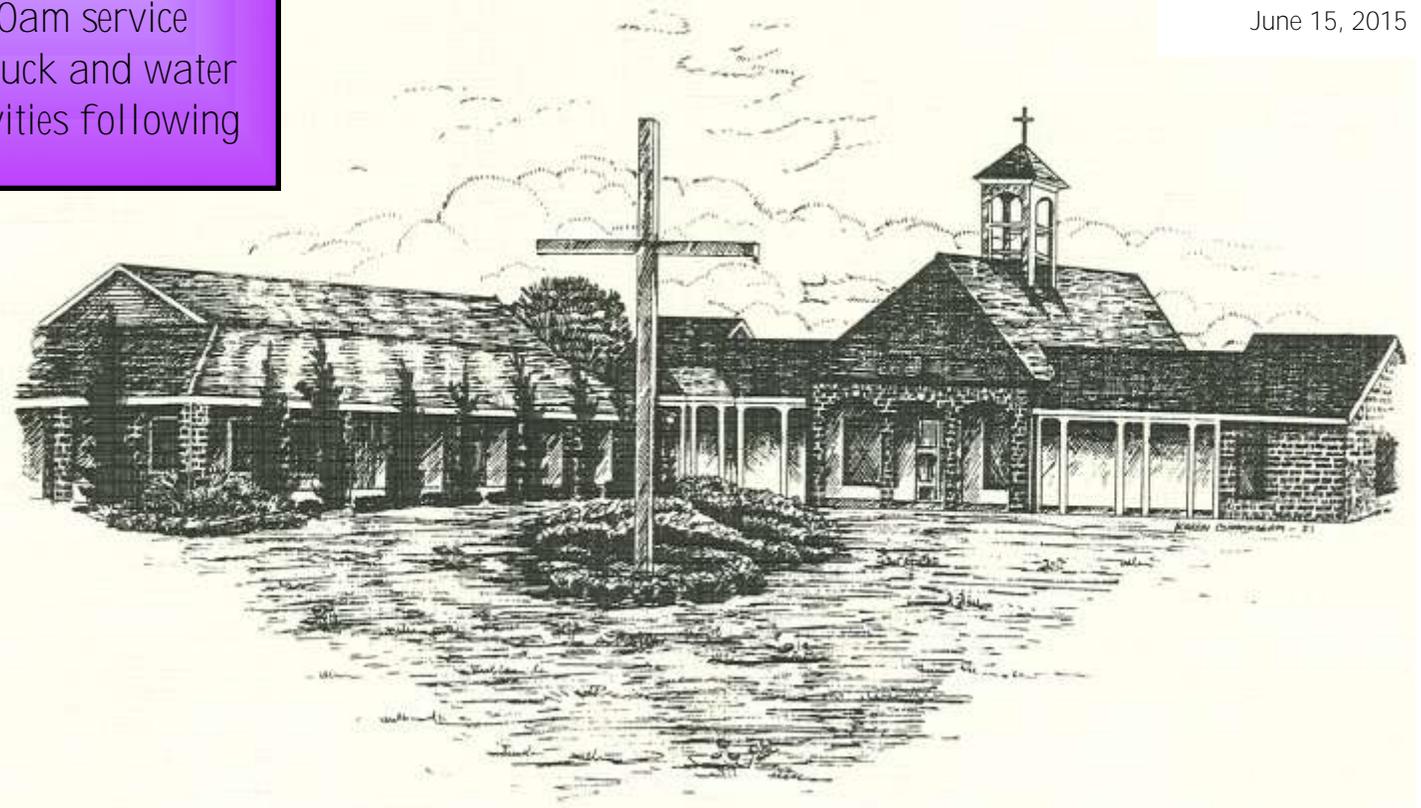
2050 Bert Kouns

Shreveport, Louisiana, 71118

318-686-1261



June 15, 2015



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Presiding Bishop,
The Episcopal Church:
The Most Rev'd Dr.
Katharine Jefferts Schori

Bishop, Diocese of Western
Louisiana:
The Rt. Rev'd Dr. Jacob
Owensby

Rector:
The Rev'd Morgan
MacIntire

Organist/Choir Director:
Kaye Crichlow

Nursery:
Rhonda Robertson

Parish Administrator:
Jnanne Zepeda

2015 Vestry:

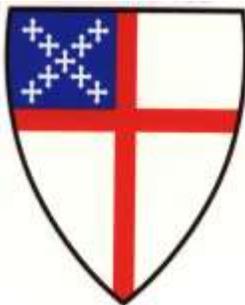
Brian Whatley (17)— Sr.
Warden
Dave Caporossi (16)— Jr.
Warden

Members:

Chris Bienvenu (17)
Sissy Brown (18)
Kathy Deal (17)
Mike Endicott (16)
Rory Fitzpatrick (16)
Jana Kendrick (16)
Karen McDonald (18)
Pat Parker (18)

Ex Officio:

Thomas Mosley—Treasurer
Janie Parker—Clerk



Church phone: 318-686-1261
Church fax: 318-686-4527
Church E-mail address:
stjames_sport@comcast.net
Church website:
www.stjames-shreveport.org



A MESSAGE FROM MORGAN

Dear Family of St. James,

I love music, but I am by no means a “musical” person. Of all of the talents I wish I had, the ability to sing or play a musical instrument well would be the two I would request. Music has always had the ability to touch some place deep in my soul. There’s just something profound about poetry set to song, something that is powerful enough to move me to tears or make me want to sing out loud horribly and off key (but only in my car). And I truly believe that when we sing in worship, it’s as if we’ve prayed twice.

When I was in high school I was really into attending all of the weekend retreats that were offered by our church at Camp Hardtner (our diocesan camp and conference center). There is one called C.L.E.Y. and though the meaning of the acronym now escapes me, I remember one of the lessons from the program well. We were told to sit in groups and listen to several pieces of music – not Christian music – pop music. We listened intently the first time, some of us sang along and then we were urged to listen a second time. This time, however, we were to imagine that the song we heard was being sung to us by God. Or if the lyrics contained words about a friend, we were to insert instead the name of Jesus. Afterwards, we discussed how the meaning of the songs changed for us when we listened with fresh, attentive ears. Ever since that day there opened a world for me, a new perspective that forever changed the way I hear music.

You might have noticed that I am a fan of incorporating secular music (oftentimes with religious undertones) into special services. I insert them into preludes or sneak them in during communion. I do this partly because those pieces are close to my heart, but also because I want to give people the tools to make their faith relevant and connected to life in the present moment. I’m one for practical application and I try to surround myself each day with music and quotes and conversations that connect the story of my faith to the Greater Story we read in the Bible. I try to see all of the pieces of my day through the lens of my faith. I try to let my faith inform everything I hear and see. It’s hard work for sure and requires a huge shift in perspective, but it is well worth the effort.

There is a song that I have had in my brain recently. It’s one I discovered in seminary and it’s the kind of music that just makes you want to hold someone really tight and dance. The title is “Let It Be Me” and it’s performed by a very talented and soulful artist named Ray Lamontagne. I like to listen to this song when I have forgotten my priorities – when in times of trouble or doubt or disappointment I run first to man and not to God. I hear these lyrics oftentimes as God pleading with me to be remembered:

*That’s when you need someone, someone that you can call
And when all your faith is gone
Feels like you cant go on
Let it be me
Let it be me
If it’s a friend you need
Let it be me
Let it be me*

And although it may sound corny, if I close my eyes and listen closely, sometimes I feel swept up in God’s embrace, held tightly, as I dance closely with the One that loves me most.

Blessings,

Morgan +

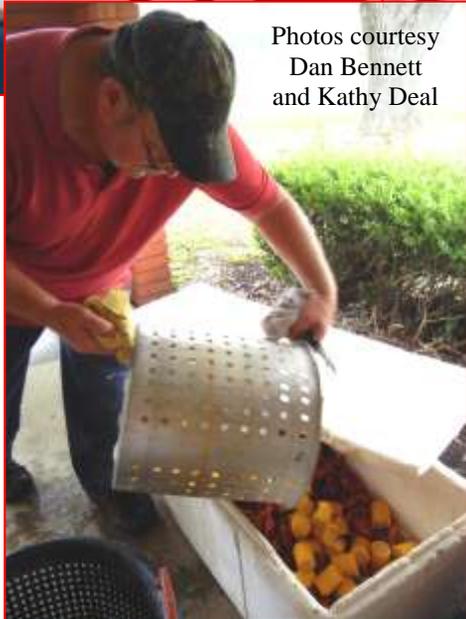


Outreach News

While changes are happening in the process of collecting donations at St. James, the collection will continue! As we prepare for the dinner theatre and the confirmation reception in the Parish Hall, we have moved the Outreach boxes to the Garrett-Hall Building. Please continue to leave your donations for various charities, such as Goodwill, Salvation Army, and Hope House in the designated spot in the Parish Hall. The Vestry Person of the Day will transfer the items to the Garrett-Hall building each Sunday. Just because you can't see the donations, doesn't mean they are no longer happening!

Goodwill picked up more than 30 bags on Monday, June 15—that means \$60 in vouchers that will be given to people in need, either through St. Luke's Mobile Medical Mission, Hope House, or I2D. Thanks to everyone who supports these vital ministries. And remember, anything you are planning to drop off at the Goodwill can be left here for the church to get credit. We will pass it on.

Outreach sent \$100 to Emily Alameda to help fund her mission to Placencia, Belize. She is part of the International Health Outreach efforts to provide dental care to people who do not currently have access to this important medical care.



Photos courtesy Dan Bennett and Kathy Deal



CELEBRATION IN RED

St. James parishioners enjoyed an old-fashioned Crawfish Boil to celebrate Pentecost. Thanks to the Bienvenu family—Chris, and his parents Luke and Juanita—for cooking the crawfish to perfection!

They were the perfect red food for the holiday celebration—and tasted wonderful, along with the many dishes parishioners brought to the potluck. St. James knows how to throw a bash with style.



"Rector and Parish Administrator will do nicely."

THE GOOD STEWARDS

Many parishioners answered the call to help provide meals for Memorial Day. Thanks to Chris Zepeda, Pat Parker, Debbie Fitzpatrick, Karen Bryant, Sissy Brown, Suzy Adcock, Lois Maberry, and Lorain Thrash for providing the food. Thanks are also due to Kathy Watkins, Bobbye Smith, Lorain Thrash, and Brian Whatley for delivering the meals to eighteen individuals, many of whom would not otherwise have had easy access to a meal that day, as the Meals on Wheels program was not active on the holiday.

On June 5 during Family Game Night many people noted that the air conditioner in the Parish Hall did not appear to be working properly. When the technician came to check on the unit, he discovered that the electrical panel had been damaged. Thanks to Matt Parker for stepping up and repairing the breaker box. He took the time to replace the breakers so the box will now handle a higher capacity, preparing for the future when the kitchen may be upgraded.

We thank Debbie Fitzpatrick for being the energy **behind the Women's Retreat, planning and preparing** for it so that it happens smoothly every year. Thanks also to Holly Johnson, Janie Parker, and BJ Pritchard for the work they put into making the day a success!

These are some of the ways that St. James makes use of the time and talents of our parishioners as we strive to be good stewards toward each other and our community.

Special thanks to those outside our parish family who have given the gift of their skills to St. James recently: Luke & Juanita Bienvenu of Patterson, LA (parents of Vestry member Chris Bienvenu) did a fabulous job cooking crawfish for our Pentecost Picnic. Gary Barbee and Matt Matthews of Pineville, LA did a beautiful job shortening two pews to allow room for individuals in wheelchairs to sit within the congregation.



MEMORIAL DAY MEAL DELIVERY

Pentecost just happened to take place during Memorial Day weekend this year, so it was easy to get folk together to package meals for the Filling in the Gaps program. We were all going to be here, anyway, so we met (between the service and sitting down to our meal) to assemble meals for others.



Knowing his family was going out of town, Pat Parker barbecued the chicken leg quarters in advance and left them in the Parish Hall fridge. Everyone else who cooked brought their offerings with them to church on Sunday morning. In no time at all the meals were boxed, bagged, and ready for delivery, thanks to all the people who jumped in to help.

Deliveries were made on Sunday and Monday, providing BBQ chicken, baked beans, potato salad, strawberries, and pound cake for each person on the list.





WE HAVE A WINNER!!!

Congratulations to Olivia Zepeda for submitting the winning entry in the Design a new T-shirt Contest. We are currently pricing the new shirts at several printers and hope to have them available for our parishioners to purchase before summer ends!

THE MISSION CONTINUES...at the Bossier Council of Aging



The St. Luke's Medical Bus was at the Benton Site of the Bossier Council of Aging, June 9, 2015. LaToya and Bonnie were kept busy with the 21 people who came through the medical bus for screening.



After her health screening, Lee sits with a friend, as Carl, her husband of 75 years gets his blood sugar checked.

~ Kathy Deal

ADULT EDUCATION NEWS

Beginning June 14, 2015, and continuing through the summer, adults will have a choice of classes to attend each Sunday between the services. Small Group Sunday School will be offered in two formats:

- *Serendipity*—led by Brian Whatley and Sissy Brown will be a topical discussion based on social issues. Using a format designed to allow participants to share their spiritual stories and bond as a group, the discussions will cover ethical issues all Christians face in daily life.
- *Traditional*—led by Ken Murphy will explore a comparative study of the Gospels. The Comparative Look at the Gospels will be a look "through the lens... the eyes" of four men at the greatest "model" of all time: the three synoptic Gospels... the "paparazzi" of Jesus' life, Matthew, Mark and Luke... and the biographer of His soul, John.

Choose the topic or format that interests you the most and join us for thoughtful and lively discussion each Sunday morning throughout the summer.

St. James Episcopal Church

Sun	Mon	Tue	W
			1 10 am Holy w/Ur
5 8:30 AM Holy Eucharist Rite I 9:15 AM Parish Breakfast 11:00 AM Holy Eucharist Rite II HAPPY BIRTHDAY Robbie Carroway	6	7	8 10 am Holy w/Ur
12 8:30 AM Holy Eucharist Rite I 9:15 AM Coffee 11:00 AM Holy Eucharist Rite II HAPPY BIRTHDAY Suzy Adcock Paxton Gunner Thornhill	13 HAPPY BIRTHDAY Morgan MacIntire	14 HAPPY BIRTHDAY Lois Frasier	15 10 am Holy w/Ur
19 8:30 AM Holy Eucharist Rite I 9:15 AM Coffee 11:00 AM Holy Eucharist Rite II HAPPY BIRTHDAY Robert Haldeman	20	21 Vacation HAPPY BIRTHDAY Julia Cummings Michael Wainwright	22 10 am Holy w/Ur Bible HAPPY B Sissy
26 ST JAMES DAY & YOUTH SUNDAY 10 AM Service Potluck Luncheon & Outdoor Water Activities	27 HAPPY BIRTHDAY Abigail Jacobs	28 HAPPY BIRTHDAY Angie Noelani Larry Porter	29 10 am Holy w/Ur



*The 6th Sunday
After
Pentecost*

JULY 5

*The 7th Sunday
After
Pentecost*

JULY 12

LECTIONARY	<i>Ezekiel 2:1-5 Psalm 123 2 Corinthians 12:2-10 Mark 6:1-13</i>	<i>Amos 7:7-15 Psalm 85:8-13 Ephesians 1:3-14 Mark 6:14-29</i>
VESTRY PERSON	DAVE CAPOROSSI	MIKE ENDICOTT
EUCCHARISTIC MINISTER 8:30 11:00	Lynnette van Heerden Dan Bennett	Janie Parker Bert Babington
LAY READER 11:00	Brian Whatley	Ken Murphy
LECTORS 8:30 11:00	Pat Parker Karen McDonald	Betty Langhorst Sissy Brown
ACOLYTES 8:30 11:00	Kelly Parker Rory Fitzpatrick	Hannah Parker Mason Garner
ALTAR GUILD	Janie Parker Linda Endicott	Janie Parker Linda Endicott
USHERS 8:30 11:00	Pat Parker Mike Kendrick Sara Lewis	Lorain Thrash Mike Kendrick Denise Shelton
MASTER OF CEREMONIES VERGER	Mike Endicott	Mike Endicott

THE BISHOP IS COMING!

It is time to roll out the purple carpet and welcome Bishop Jake for his annual visitation on June 21. We will have a combined service at 10am, followed by a reception in the Parish Hall. Please bring your special finger foods for the reception to help make Jake and Joy feel at home while they are here with us for the day.

Bishop Jake will meet with the Vestry for a few minutes before the service, take a quick review of the parish books to make certain they are in order, and the rest of his time will be spent in relaxation with parishioners. So let us do what we do best—make everyone in the building feel a part of the St. James family.

DIRECTORY UPDATE

Please add the following new information to your directory:

Anita Holloway
6900 Buncombe Rd, #6
Shreveport, LA 71129
(318) 688-0325
(318) 470-0054
murphysmom318@bellsouth.net

June 15, 2015

PENTECOST



Photos courtesy
Kathy Deal

St. James celebrated Pentecost with one outdoor service. The prolific rain had our Mass on the Grass set up on the asphalt, but that didn't stop us from enjoying a wonderful Eucharistic service with our family! Thanks to everyone who participated in making this such a special day.

WALK IN THE GARDEN WITH GOD

On May 30th, the women of St. James packed their bags and traveled to a lush garden in an exotic location! Wait a minute, that's not quite how this story goes. Let's try again, on May 30th; the women of St. James did indeed spend a lovely day in a lush garden, but we were fortunate to find that garden in Southern Hills! Janie Parker graciously offered her house as the setting for this year's women's retreat aptly named Garden Getaway. Pat Parker and BJ Pritchard worked tirelessly in the weeks leading up to the retreat to make sure their garden looked tremendous. The garden was full of beautiful flowers, plants in vibrant shades of green, trees and shrubs swaying in the breeze and intimate seating areas just awaiting our arrival. We couldn't have picked a better spot and the day was absolutely lovely.



24 women ranging in age from 21 to 91 gathered to study and spend the day in fellowship with each other. During our Garden Getaway we looked at all of the seasons of our lives and learned to embrace the season we currently find ourselves living. In our first session, we explored Ecclesiastes 3 and found there is a time for every activity under heaven. We discussed what those seasons looked like and felt like personally. In session two, we defined beauty and learned that perspective can change and our perspective and God's can differ greatly. For session three, we spent time individually with God during our reflection walk using Psalms and Proverbs to focus our thoughts.

After a lovely lunch with lots of fresh vegetables, finger sandwiches and luscious fruit (oh and of course, mini Bundt cake desserts), we started session four recognizing that we all knew someone who was in a challenging season. Over prayer and thoughts of encouragement, we made decorated planters to give to these people in our lives. Session five found us focusing on our own challenges. Using Psalms, 2 Corinthians and 1 John we learned how to utilize the word of God to rid

our lives of pests and disease just as a master garden would use pest control to heal their own garden. We wrapped up the day with session six focusing on the joy we found in spending time with each other, sharing our faith, growing in God's word and recognizing that whatever season we find ourselves in, God knows where we are and will guide us through, we only have to seek him out and welcome him into our lives.

Wow, what a beautiful day, I can't wait for next year's retreat and to give you a preview of coming attractions, next year's theme is Lavender Spa where we will relax and reflect on passages from Psalm 100. See you there!

—Debbie Fitzpatrick

Photos courtesy Kathy Deal



Photos courtesy Kathy Deal

June 15, 2015



Dear St. James Outreach

Thank you for your donation to help me go on my OI trip. It wouldn't have been possible without your help. I am extremely lucky to go to a church that cares about the people who get to it. I don't know what I would be without my St. James family.

Thank you,

Rory
Fitzpatrick

THANKS
A LOT

St. James ECW is proud to sponsor
Cabaret Dinner Theatre

performance of

**MURDER IN
THE MAGNOLIAS**

June 19, 2015

Dinner 6:30 - Curtain 7:30

A Comedy/Murder Mystery

featuring many of our own St. James "Stars"

in an off-the-wall spoof of Southern plays

LIMITED TICKETS AVAILABLE SO MAKE YOUR RESERVATIONS

NOW BY CALLING THE BOX OFFICE:

318-560-5662



NO QUESTIONS ASKED

I know many people who are very uncomfortable without symmetry. They measure and mark and carefully hang pictures on the wall so they are in exactly the right spot. When they plant flowers outside their door, they put the same on each side of the doorway. Hedges and trees are pruned to the exact height.

I'm not one of those people. Asymmetry is fine with me—in fact I prefer it. When I design a quilt I rarely make it symmetrical. I find that I prefer the energy and movement depicted by the design when it is not “perfect.” Symmetry in art produces a quiet, still, pleasant, soothing, and calm effect. When I create I generally go for bold, exciting, unusual, and not particularly calm.

I do, however, like balance. I strive for balance in my life—whether it is physical, emotional, mental, or spiritual, I feel that balance is important. To live a healthy life, human beings require balance. Our brains do not work properly without a balance in the chemistry. Our bodies do not process nutrients if the blood glucose and insulin levels are out of balance. Relationships go awry when they become out of balance; a good marriage requires that both parties are supportive and put forth effort. Even our government requires a balance of power to be effective and healthy for our citizens.

As Christians we need to lead balanced spiritual lives. We need to help those around us, make our community a better place to live, and give to others what we are able. We also need to be able to replenish our energy reserves when they run low, to allow others to care for us when necessary, and to accept help graciously with a thankful heart.

For many of us it is much easier to reach out and help. The person helping is not showing vulnerability and does not appear weak—a role that is often satisfying. It is much more difficult to ask for and accept help from others. That is when we are afraid of revealing a vulnerability, of providing fodder for the gossip mill, and losing respect. Whether such fears are legitimate or not, the feelings may still be present, preventing us from seeking assistance when we sorely need it.

So let us remember, as we move into the summer months and many of our schedules become more lax, to look around us. Take note of the people in our lives who may need help, but are not able to ask for assistance as well as those who are more receptive. And let us find the strength to ask for help when we need it. For many of us that requires more courage than facing a battle alone.

And let us always remember that the Church is a collection of people on whom we can depend for assistance, reassurance, and love. We can always go to our St. James family and count on them for support—no questions asked, because St. James is a part of the Episcopal Church, and as we know, the Episcopal Church welcomes us all.

—Jnanne Zepeda

ANNOUNCEMENTS SUBMISSION DEADLINE

If you would like an announcement placed in the Sunday bulletin, please submit it by 10:00 am on the previous Wednesday. The office is open Monday-Thursday from 8:30 am until 2:00 pm. Announcements that are in printed form may be mailed, sent through e-mail to stjames_sport@comcast.net, or dropped at the parish office.

Newsletter deadline: July 1st

SPREAD THE WORD

Would you like to brag on your family's achievements, share family milestones with friends, or invite the parish to an upcoming event? You can do so easily by submitting articles to the parish office for publication in the Spirit. There is always room for news of a baptism, wedding, or school achievement. Photographs and stories can be sent via e-mail to stjames_sport@comcast.net or dropped off at the parish office. And if you are shy about doing the writing, just telephone the information to 686-1261 and the writing will take care of itself.

Our Mission Statement: A COMMUNITY CALLED BY GOD TO WORSHIP, LOVE, AND SERVE.

Our Schedule of Services:

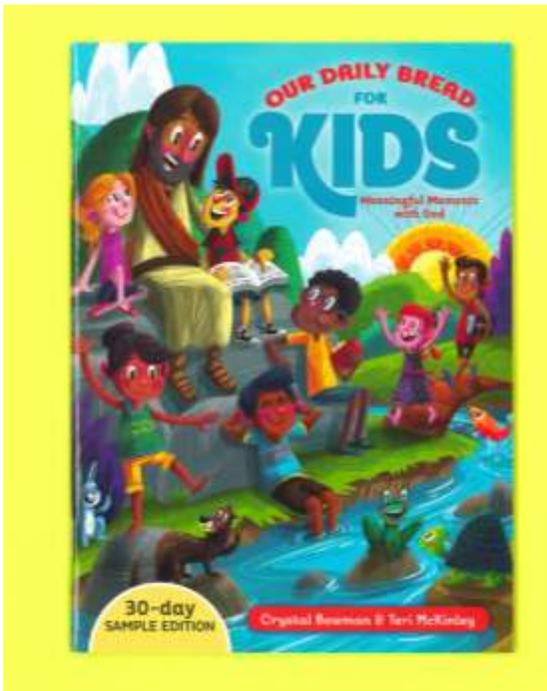
Sunday—Holy Eucharist, 8:30am

followed by Coffee Hour and donuts in the Parish Hall

Sunday School, 9:45am

Holy Eucharist, 11:00am

Wednesday—Holy Eucharist with Unction, 10am



NEW DEVOTIONALS ON THEIR WAY

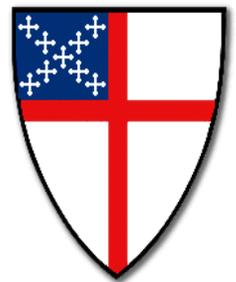
St. James adults have long enjoyed the daily devotional books, *Day by Day* and **Our Daily Bread**. They are available on the narthex table, and anyone who wishes to take one home is welcome to do so. (Folk are also welcome to offset the cost of the ministry by putting a small donation in the box on the narthex table, also).

Well, something new has come down the pike! *Our Daily Bread for Kids* is a new publication; we have ordered ten copies of their 30-day sample edition, and if we need more we can order more. We invite all families with children to take a copy to share at home.

The sample copies contain excerpts from the book, *Our Daily Bread for Kids: 365 Meaningful Moments with God*. If you find that the sample is not enough, and you want the entire book, ordering instructions can be found on page 38—the final page of the book.

“This devotional book was written to help encourage children to develop a closer walk with God by spending time with Him daily. Each day’s reading contains easy-to-remember Bible verses, fun illustrations, and exciting facts that we hope will make family devotions enjoyable for kids and adults.” reports Rick DeHaan, President of Our Daily Bread Ministries.

We anticipate the sample copies to be delivered to St. James by mid-July. Be on the look-out.



Vision Statement of St. James Episcopal Church: We see St. James as a spirit-led congregation that is a beacon of God’s love shining in the community, welcoming all by reaching out through worship, service, mission, and programming to bring peace and healing to all of God’s children. We strive to serve our members by nourishing our faith, giving support in times of need and becoming a congregation from which community-based outreach programs have their genesis.