

Mailing Address: 2050 Bert Kouns Industrial Loop Shreveport, LA 71118 **Return Service Requested**

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Presiding Bishop, The Episcopal Church: The Most Rev'd Dr. Katharine Jefferts Schori

Bishop, Diocese of Western Louisiana: The Rt. Rev'd Dr. Jacob Owensby

Rector: The Rev'd Morgan MacIntire

Organist/Choir Director: Kaye Crichlow

Nursery: Rhonda Robertson

Parish Administrator:: Jnanne Zepeda

2015 Vestry:

Brian Whatley (17)— Sr. Warden Dave Caporossi (16)— Jr. Warden *Members:* Chris Bienvenu (17) Sissy Brown (18) Kathy Deal (17) Mike Endicott (16) Jana Kendrick (16) Karen McDonald (18)

Ex Officio:

Pat Parker (18)

Thomas Mosley—Treasurer Janie Parker—Clerk



Church phone: 318- 686-1261 Church fax: 318- 686-4527 Church E-mail address: stjames_sport@comcast.net Church website: www.stjames-shreveport.org



A MESSAGE FROM MORGAN

Dear Family of St. James,

There is so much in this world to be afraid of and our fears can be the very things that prevent us from reaching our full potential. Lest you begin to think this is the start of a very hokey motivational speech, let me tell you what I mean when I say "reaching our full potential."

You see, God – from before time and your birth – imagined this wonderful life for you. A life where you knew in your core that you were loved. God breathed into your very being gifts, talents, and the ability to love, to create and to give mercy. God was even willing to come to earth, take on flesh and die so that you would have the chance to experience the abundance God imagines for you to the fullest extent. Throughout your days, the more you draw nearer to **God, the more you listen, the more your knit your heart to God's** own, the more you become the very person that God imagines you to be. Pretty cool, huh?

Now, to the nastier side of the equation. I'm sure I don't need to convince any of you reading this blog that evil is alive and well in this world. Or that all evil ever seeks to do is to drive a wedge so big and so strong between us and God that we start actually believing that

God has left us – that we have been abandoned and rejected by the One who promised to be with us always. Know what weapon evil loves to wield? FEAR. Gut-wrenching, all consuming fear.

Fear takes us away from the life God imagines. Fear causes us to stop taking risks. Fear causes us to slander others when we see in them the ugliness in our own souls we are too afraid to claim. Fear causes us to hate what makes us confused or uncomfortable. Fear keeps us from knowing love and mercy – from being able to offer love and mercy to others. Fear causes us to blame instead of taking responsibility for our own actions, to envy and covet instead of sharing our blessings and to believe the hateful things others say about us instead of the loving things God says about us. Yep, fear is one ugly beast and it lurks around every dark corner, hanging on the coattails of every disappointment. So, how do we keep it at bay?

Faith – trusting that the God of abundance that loved us enough to sacrifice His life for the sake of our own will drive away all of our fears and will never leave us to face our insecurities alone.

When fear starts to rear its ugly head, let it drive you even further into God's loving arms. When you start to feel that murky darkness creep over you and take hold, reach out to one of your brothers and sisters in Christ. Ask for prayer. Bury yourself in your Bible. Talk to God from the depths of your despair. When your tongue starts to tingle with hateful words, do some kindness for another human being. Reaching beyond yourself to show the love of God to another person draws you closer to your fellow (wo)man and to Christ. The more you and I strengthen the bonds between God and ourselves, the less wiggle room we leave for evil to worm it's way in.

I believe that one of God's greatest dreams for all of us is that one day we will draw so close to Him that we will actually be able to see with His very eyes the abundant lives He imagines for all of us. That for once we will truly be able to see ourselves the way God sees us – as beautiful, fearless, new creations in Christ. May your Lenten journey lead you further away from your fears and move you ever closer to the loving arms of your Savior.

Blessings,

Morgan +



Outreach News

The cycle continues. Goodwill picked up the large pile of bags on Monday, February 9, making more space in the Parish Hall. The Salvation Army is scheduled to replace the full food barrels with empty ones on Monday, February 16. The Renzi After-school Program box has been emptied and the contents delivered to Renzi. Hope House has received the contents of their box. And the books for Providence House magically appear in the Parish Hall—and EYC members haul them to the Garrett-Hall building for cataloguing as they arrive. St. James continues to care for the Southern Hills neighborhood and the larger community in which we live. Life is as it should be.

The Outreach Committee has voted to support St. Luke's Medical Mobile ministry again this year with \$300 per quarter. We helped out several families in need during January with rent and utilities.

Outreach will be funding the Flower Garden to use flowers for the altar or for those who wish to pick flowers. B J Pritchard, Tina Caporossi, and Janie Parker will prepare the flower garden and I am



sure could use your support if you would like to help, so contact them if you are interested.

But let's get back to the books. We all know how important it is to get a good foundation in reading in order to succeed in school. The families at Providence House would have a better chance at providing this basic for their children if they had easier access to reading material—so let's help our youth meet that need by supporting them this Lenten Season in their efforts to build a library at Providence House. Books are a resource that can be used over and over, so it doesn't matter whether they are new or used, as long as they are usable, so let's fill their empty library shelves with books to entertain and teach. Let's give readers of all ages and abilities a boost with a large variety of reading materials that will pique the interest of anyone seeking a good story.

— Karen Waguespack

IN WITH THE NEW...

While we greatly appreciate the fine work of retiring Vestry members Lois Maberry, Lorain Thrash, Theresa Mormino, and Jimmy Deal, we eagerly look forward to the leadership of the new Vestry members: Sissy Brown, Pat Parker, Mike Endicott, and Karen McDonald. Mike was appointed by the Vestry to complete the last year of Lois Maberry's unexpired term and the other three individuals were elected unanimously at the Annual Meeting on January 25, 2015.

Brian Whatley has been appointed to serve as the Senior Warden for the year, serving the needs of the rector and the people. The Vestry elected Dave Caporossi to serve as Junior Warden; therefore he will be taking on the responsibility of caring for the parish buildings and grounds.

St. James elected the following people to represent us as delegates at the Diocesan Convention in October: Debbie Fitzpatrick, Holly Johnson, Sara Lewis, Denise Shelton. Alternates are Mike Endicott and Chris Bienvenu.

We are grateful to each of these people for their devotion to our parish and their willingness to serve in these capacities. St. James as a parish is supportive of our elected leadership and look forward to this new year ahead.



THE GOOD STEWARDS

We are especially grateful to those who jumped in at the last minute to provide a reception for Betty Langhorst's family when St. James provided space for the funeral of Donna Holland. Donna's son, The Very Rev'd Mark Holland, is married to Betty's daughter, Liz. Mark is a priest at St. James in Baton Rouge, and their family and friends gathered here on February 12. Approximately 65 people attended the funeral service, and most stayed for the reception afterward in the Parish Hall.

Thank-you to everyone who dropped off baked goods for the reception. Special thanks to Bobbye Smith, Chris Bienvenu, and Lorain Thrash for hosting the event.

We are also appreciative of those who have stopped by the office to help identify pictures of parishioners for the photo directory: Mona Freeman, Betty Langhorst, Bobbye Smith, and Lorain Thrash. Kathy Deal has worked hard to snap pics of folk who are not in our archives and many parishioners have submitted special photos of their families. And of course, Morgan MacIntire is very good at snagging images from Facebook! Without all your efforts our photo directory would not be very complete or up-to-date. Thanks for the help!

These are some of the ways that St. James makes use of the time and talents of our parishioners as we strive to be good stewards toward each other and our community.





PROOF YOUR DIRECTORY ENTRY AND PHOTO NOW

A draft of the new photo directory is available on a table in the Parish Hall. Please check the draft and use a pen to make any necessary changes to addresses, phone numbers, e-mail addresses, and the spelling of names. If you don't like your picture, there is still time to submit a picture you do like.

I especially need to be given information about anyone who may have been accidentally left out of the directory.

Thanks to the many individuals who have helped me check addresses and match names to faces. All parishioners are invited to help with the proofing! I am updating weekly, so please keep checking back to ensure I have properly interpreted handwriting and have not overlooked anything. Don't just assume because you made an adjustment that I saw it and got it into the computer. Check up on me! Please leave the copy in the Parish Hall so I can use it to update the computer program and get the finished product out to everyone soon. My plan is to print the new directory during March so it is available for everyone at the Easter Vigil.

— Inanne Zepeda

WEDNESDAYS IN LENT

Please join us each Wednesday evening during Lent as we study together, dine together, and pray together. The evening begins at 6pm in the nave where we will enjoy the six-part reader play, *"Conspiracy of Betrayal: Satan-vs-Judas in a Courtroom Drama,"* directed by Lonnie Howard. This is followed by a light repast in the Parish Hall and a study session based on the book, <u>Love Does</u>, by Bob Goff, led by **the Rev'd Morgan MacIntire. The evening concludes** with Compline.

A sign-up sheet for participating in the Lenten Series is in the Parish Hall. Please sign up so our cooks will know how much food to prepare. AND another signup sheet is beside it for cooks to sign up to provide a meal each Wednesday evening during Lent. Meals are to be very simple: soup/sandwich or soup/salad or pizza/salad, or something similar.

Southern Hills Ecumenical Noonday Service and Luncheon Will be held at St. James Episcopal Church Wednesday, February 25

The service begins at noon and is followed by a soup and sandwich luncheon in the Parish Hall, hosted by the ECW.

In preparation for this event, the ECW will meet at 6:00pm on Tuesday, February 24, to set up the tables and decorate, and eat afterward.

Workers are needed at 9am on Wednesday morning to finish the preparation, serve the meals, and clean-up after the luncheon. A signup sheet for bringing sandwiches, soup, and cookies is in the Parish Hall.

THE MISSION CONTINUES...with the next generation

As I had Contina sign the photo release for her children, Garielle and L'Riya, and Fr. Frank witness the signature, I thought of how, each time a parent, grandparent, aunt or uncle participates in a health screening provided by St. Luke's Episcopal Mobile Medical Ministry, the child is learning by their example of how important it is to have regular health screenings. The children participate themselves, when the opportunity arises. *~Kathy Deal*



Garielle and L'Riya Jenkins in George's grocery cart, and later sitting with B.J. as their mother, Contina, gets her health screening at the Minden clinic.



St. Luke's Ministry participated in Healthy Green and Into the Outdoors events in the past, providing health screenings to the children enrolled in the program.



Shanteria (Shan) enjoying a game on Bonnie's phone.



Beautiful children hanging out during a clinic held at Linwood School.



THE MISSION CONTINUES...

At the Heart of it all...

February is heart month. Valentine's Day is set apart as a reminder to tell those in our lives whom we love that they are special, cherished. Many participated in the Wear Red Day, an acknowledgement of the impact of heart disease among women. Heart healthy displays are seen frequently, encouraging us to keep in mind the impact of our choices on our overall health and fitness. We here at St. Luke's Mobile Medical Ministry have had a busy month, with clinics in Minden, Mansfield and Christ the King Church in Bossier City, all well attended. Our Pink Ribbon Pop Up Clinic in Mans-

field provided mammograms to 13 women in Desoto Parish. Our work at Hope House continues to provide services to the homeless in the Shreveport area, addressing whatever healthcare needs they may present.

One of the first things we do when someone comes on the van is check their blood pressure—a heart check so to speak. Those who serve in this ministry, both volunteers and staff, give a piece of their heart to each client. To pay attention, to listen, to invite the other into a place where their well being is our concern is to minister to the heart of that person. As we work on the calendar for March, I continue to look forward to where we are called to be, and to whom we may serve. Our hearts are indeed filled when we continue this work.

Blessings, Betty Johnson Executive Director St. Luke's Episcopal Mobile Medical Ministry



The Southern Hills Ecumenical Noonday Service and Luncheon

Will be hosted by the following local parishes:

February 25, 2015 St. James Episcopal Church 2050 Bert Kouns (318) 686-1261

March 4, 2015 John Calvin Presbyterian Church 3030 Colquitt Road (318) 686-3870

> March 11, 2015 Central Christian Church 2010 Bert Kouns (318) 686-3060

March 18, 2015 St. Mary of the Pines Catholic Church 1050 Bert Kouns (318) 687-5121

March 25, 2015 Christ United Methodist Church 1204 Crabapple Drive (318) 686-2553

> April 1, 2015 Summer Grove United Methodist Church 9119 Dean Road (318) 686-2514

The offering at St. James will go to Providence House.



February 17 Pancake Supper 6:00pm Parish Hall



Ash Wednesday

Eucharist & Imposition of Ashes

> 10am 6pm

February 18

St. James Episcopal Church

Curro.	Mon	Tuo	
Sun	Mon	Tue	
1 8:30 AM Holy Eucharist Rite I 9:15 AM Parish Breakfast 9:30 Coffee 9:45 Sunday School & Forum 11:00 AM Holy Eucharist Rite II	2	3 HAPPY BIRTHDAY Bob Shane III David Calhoun	4 10: Lei H
Set Your Clocks Aheadl 8:30 AM Holy Eucharist Rite I 9:30 Coffee 9:45 Sunday School & Forum 11:00 AM Holy Eucharist Rite II	9 HAPPY BIRTHDAY Samantha Mattison	10 HAPPY BIRTHDAY Mike Kendrick	11 10 Lei HA
 15 8:30 AM Holy Eucharist Rite I 9:15 AM Coffee 9:45 AM Sunday School & Forum 11:00 AM Holy Eucharist Rite II 	16 HAPPY BIRTHDAY Miranda Peyton	17 HAPPY BIRTHDAY Gregory Kirkland	18 10 Le
22 8:30 AM Holy Eucharist Rite I 9:15 AM Coffee 9:45 AM Sunday School & Forum 1 1:00 AM Holy Eucharist Rite II	23	24 HAPPY BIRTHDAY Kendall Parker	25 10 Le
29 Palm Sunday 8:30 AM Holy Eucharist Rite I 9:15 AM Coffee 9:45 AM Sunday School & Forum 11:00AM Holy Eucharist Rite II HAPPY BIRTHDAY Keith McDonald	30 HAPPY BIRTHDAY Carnetta Emmons	31 Happy Anniversary James & Kathleen Calhoun HAPPY BIRTHDAY Brandi Liles	



Please remember to donate gently used or new books to the EYC so they can create a library at Providence House.

		The 2 nd Sunday in Lent March 1	The 3 rd Sunday In Lent March 8	The 4 th Sunday In Lent March 15	
LECTIONARY		Genesis 17:1-7, 15-16 Psalm 22:22-30 Romans 4:13 25 Mark 8: 31-38	Exodus 20:1-17 Psalm 19 I Corinthians 1:18-25 John 2:13-22	Numbers 21:4-9 Psalm 107:1-3, 17-22 Ephesians2:1-10 John 3:14-21	
VESTRY PERSO	N	DAVE CAPOROSSI	MIKE ENDICOTT	SISSY BROWN	
EUCHARISTIC MINISTER	8:30 11:00	Lynette van Heerden Ron Maberry	Janie Parker Ken Murphy	Lynette van Heerden Brian Whatley	
LAY READER	11:00	Dan Bennett	Bert Babington	Dan Bennett	
LECTORS	8:30 11:00	Pat Parker Debbie Fitzpatrick	Betty Langhorst Brian Whatley	Pat Parker Janet Moore	
ACOLYTES	8:30 11:00	Kelly Parker Rory Fitzpatrick	Hannah Parker Mason Garner	Kendall Parker Austin Shelton	
ALTAR GUILD		Lonnie Howard Kathy Watkins Faye Wynn	Lonnie Howard Kathy Watkins Faye Wynn	Debbie Fitzpatrick Holly Johnson	
USHERS	8:30 11:00	Lorain Thrash Mike Kendrick Sara Lewis	Pat Parker Mike Kendrick Sissy Brown	Pat Parker Denise Shelton Mike Kendrick	
MASTER OF CEREMONIES		Mike Endicott	Mike Endicott	Mike Endicott	



DAULICI SAVINC			
		SCHED	
	Palm Sunday Maundy Thursday Good Friday Easter Vigil Easter Sunday	March 29 April 2 April 3 April 4 April 5	8:30am 11:00am 6:00pm 6:00pm 6:00pm 10:00am



The EYC has signed up to prepare and serve breakfast to the parish on the first Sunday in March. They have not disclosed the menu, yet, but we know it will be tasty and fun. As always, there is no charge for the meal, but donations are accepted and the charity they are supporting is Providence House. Proceeds from the meal will go toward setting up a library of books to fill the empty shelves in what Providence House currently identifies as their library— a room of empty book shelves.

The EYC members have decided to make it even easier for parishioners to participate in this project. Those who wish to donate books (all reading levels—board books through adult) instead of money on March 1st are encouraged to do so, since that is what the money would be used to purchase, anyway. AND, to make it even easier, they invite you to peruse your homes for books you are currently neglecting and don't anticipate re-reading.

Luckily, books are the kind of thing that can be used many, many times by many, many people, so giving someone a used book is a wonderful gift. Your donations of gently used or new



books will help several generations of folk at Providence House improve their reading skills for years to come—a perfect legacy from our youth to the families that make use of the services provided at Providence House.

This question is double edged and cuts like a sword. What happened to the man... and

a sword. What happened to the man... and what happened to the book that is quoted and mentioned in the Old Testament as well as the New... Why are the answers to these questions, both fascinating and mysterious? Come to our study of Enoch and find both the answers... And more questions..... One thing is promised.... You won't be bored.

Tax and title not included.... --Br. Ken Murphy, OPA



The Book of Enoch (also known as 1 Enoch) was once cherished by Jews and Christians alike." "Christians once accepted the words of this Book of Enoch as authentic scripture,"

February 15, 2015

14	13	12	WALK THE LENTEN PATH				
15	Lent	11	2 nd Sunday of Lent	10	° X	8	
16	Pr		asting d	& Alm	isgiving	7	
		34	33	32	31		
3 rd Sunday	Palm	12 Ja		-ta	30	6	
of Lent	Sunday						
17					29	5	
18	35			2	5 th Sunday	1 st Sunday of Lent	
19	36	1 M			of Lent	4	
			Нарр		28		
20	37		Easte He is	SC 2527-4	27	3	
		39 Good Friday		ш	X	$ \propto$	
21	38 Holy Thursday		40 Holy Saturd		26	2	
22	4 th Sunday of Lent	23	24	25	Lent	ASH WEDNESDAY	

WALK THE LENTEN PATH

Throughout Lent this year our youth will be using the map to the left to walk the Lenten path together. The EYC will be working with the younger children on projects and lessons that will help both age groups better understand the Lenten season, beginning with the traditional Maundy Thursday EYC Lock-In.

We don't want to ruin any surprises our sponsors may have in mind for the youth, so a complete list of the planned events will not be spelled out, but we can tell you the evening will begin immediately after the 6pm Maundy Thursday service with a Stations of the Cross service. The entire parish is invited to join the EYC and share this special event. Afterward the youth will be locked in with their sponsors until around 10pm for edifying and fun activities. They will be sent home to get a good nights rest and will reconvene at 10am on Good Friday to resume their lock-in.

At noon the younger children will arrive for joint programming until 4pm. The EYC members will remain together until the end of the 6pm Good Friday service.

Other events are planned for our young St. James members during the Lenten season, when they will meet together to continue their walk along the Lenten path. Please support them as they learn the meaning of Lent and how to prepare for the Easter season.





REPARE O PREPARE

Lent is almost upon us. It is the ultimate time of preparation—reflection, reconciliation, reparation, renewal, and for many people it is a time for self-denial, repentance, and self-righteousness. Is that what Lent is really all about?

Instead of seeing Lent as a time of sadness and going without, let us look upon it as an opportunity to take on something new. Here are some examples:

- Take on a new responsibility—provide a service for someone in need. It doesn't have to be something big and onerous, or even something other people even really notice. Do you have an elderly neighbor who has a hard time stooping to pick up the newspaper each morning? Pop over and retrieve it from the yard and place it on the porch before that person gets up each day.
- Make yourself more healthy—and therefore more able to do God's work and better able to care for your family. Park the car at the far end of the parking lot instead of close to the doors of the store when you go shopping. Increase your water intake and decrease your consumption of something less healthy. Cut your dessert serving sizes down. Small changes made consistently over a long period of time make a big difference, and the healthier you are, the better equipped you are to care for others.
- Practice politeness—if you are a naturally grumpy and negative soul, make an effort to be less so for the sake
 of others around you. The more you pretend to be perky and happy, the more you paste on a smile and a
 pleasant tone of voice, the more you think upbeat thoughts, the happier you actually find yourself becoming.
 And if you behave in a more pleasant manner, you may discover that life gives you fewer reasons to feel
 grumpy and negative—a plus for everyone!
- Become a collector—pick up trash. It takes very little effort to reach down and pick up trash as we walk in our neighborhoods, but we may feel a bit self-conscious carrying around whatever debris we've found until we reach an accessible receptacle. So start your walk with an appropriate bag to carry the debris you expect to find and keep in mind that we are designated in Genesis to be stewards of this planet. God has directed mankind to care for the planet, and every little thing we do to keep the Earth healthy is good.

These examples are all pretty small and for the most part take little effort on our part. The best thing about each of them is that if they are employed throughout Lent, they each have the probability of becoming habit and stretching beyond the season and into our lives as permanent parts of our cores. They each have the possibility of growing into so much more—and that is what I think Lent is all about. We are not preparing for Easter Day or even Easter Season. We are preparing for the rest of Life. We take a season of the liturgical year to recharge our batteries for a **lifetime of service to God and mankind. Let's make the most of this opportunity.**

And while we are at it, let's remember that, as members of the Episcopal Church we happily and wholeheartedly welcome everyone to join us in worship, because the Episcopal Church Welcomes You.

–Jnanne Zepeda 🖠

ANNOUNCEMENTS SUBMISSION DEADLINE

If you would like an announcement placed in the Sunday bulletin, please submit it by 10:00 am on the previous Wednesday. The office is open Monday-Thursday from 8:30 am until 2:00 pm. Announcements that are in printed form may be mailed, sent through e-mail to stjames_sport@comcast.net, or dropped at the parish office.

Newsletter deadline: March 1st

SPREAD THE WORD

Would you like to brag on your family's achievements, share family milestones with friends, or invite the parish to an upcoming event? You can do so easily by submitting articles to the parish office for publication in the Spirit. There is always room for news of a baptism, wedding, or school achievement. Photographs and stories can be sent via e-mail to stjames_sport@comcast.net or dropped off at the parish office. And if you are shy about doing the writing, just telephone the information to 686-1261 and the writing will take care of itself. Our Mission Statement: A COMMUNITY CALLED BY GOD TO WORSHIP, LOVE, AND SERVE. Our Schedule of Services: Sunday—Holy Eucharist, 8:30am followed by Coffee Hour and donuts in the Parish Hall Sunday School, 9:45am Holy Eucharist, 11:00am Wednesday—Holy Eucharist with Unction, 10am



EVERYDAY GRACE CONCLUDES ON A HIGH NOTE

Debbie Fitzpatrick provided the final Everyday Grace presentation, telling the parish of her life as a military child, wife, and mother. She found strength in her Christian faith to persevere through the hardships of frequent moves and forging new friendships, facing childhood illnesses without a spouse to lean on, and battling bureaucracy.



THEY ARE HERE, THEY ARE HERE!!!

The new unity chairs have arrived. They have been in use behind the altar for several weeks—have you noticed them? It is certain those serving as Lay Ministers and Eucharistic Ministers have, as these chairs provide better lumbar support than the cubes they had been using before. (The cubes have been moved to the Children's Chapel in the Garrett-Hall Building).

The chairs have the ability to snap together to form a bench, and one of them has a kneeler attached. The Vestry ordered them this way so our parishioners could get a better idea regarding how they would look if the Vestry were to purchase longer ones to use to replace a pew or two in order to make the nave more accessible.

If you haven't already noted the change behind the altar, please take the time to look over the unity chairs and let the Vestry know what you think of them. And please remember—all the money used for purchasing this furniture was donated specifically for this cause. Money was not taken from the operating budget.



Vision Statement of St. James Episcopal Church: We see St. James as a spirit-led congregation that is a beacon of God's love shining in the community, welcoming all by reaching out through worship, service, mission, and programming to bring peace and healing to all of God's children. We strive to serve our members by nourishing our faith, giving support in times of need and becoming a congregation from which community-based outreach programs have their genesis.