#### The Spirit of St. James

The Newsletter from St. James Episcopal Church

2050 Bert Kouns Shreveport, Louisiana, 71118 318-686-1261



February 12 Shrove Tuesday Pancake Supper 6pm

February 13 A sh Wednesday Service 10am 6pm

February 27
Ecumenical Lenten Service & Luncheon 12pm

March 24
Palm Sunday
Service
8:30am
11am





Presiding Bishop, The Episcopal Church: The Most Rev'd Dr. Katharine Jefferts Schori

Bishop, Diocese of Western Louisiana:

The Rt. Rev'd Dr. Jacob Owensby

Rector:

The Rev'd Morgan MacIntire

Organist/Choir Director: Kaye Crichlow

Nursery: Rhonda Robertson

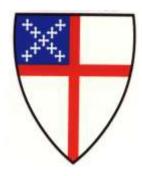
Parish Administrator::
Jnanne Zepeda

#### 2012 Vestry:

Lorain Thrash (15) Sr. Warden Paul Moore (13) Jr. Warden Members:

Suzy Adcock (13) Brody Fitzpatrick (12) Jerry Howard (14) Ron Maberry (13) Theresa Mormino (15) Curtis Shelton (14) Wain Thompson (15) Lynette van Heerden (14) Ex Officio:

Thomas Mosley—Treasurer Janie Parker—Clerk



Church phone: 318-686-1261
Church fax: 318-686-4527
Church E-mail address:
stjames\_sport@comcast.net
Church website:

www.stjames-shreveport.org





#### A MESSAGE FROM MORGAN

Dear Family of St. James,

I have some exciting news to share with you as we move forward with preparations to host our first "Neighborhood Breakfast" Sunday April 7th from 9:30-10:30 a.m. in the Parish Hall. For those of you who were unable to attend the Annual Meeting, we have decided to reach out to the community of Southern Hills by inviting our neighbors to join us for our regular 1st Sunday of the month breakfasts. This will give us an opportunity to get to know the people around us, break bread together, and let them all in on what we already know to be true—that God loves them unconditionally! There are MANY ways in which you can help what will be our first major outreach offering as a parish.

First, if you are the planning type and would like to help our Junior Warden, Lois Maberry, think through logistics and how to manage our facilities on breakfast mornings, you can sign up to be a member of the "Breakfast Club." If you are a cook



who just can't stay out of the kitchen, sign up on the list to cook breakfast one Sunday (four people per Sunday would be ideal for greater volume). If you like to cook, but don't want to be in on all of the action, throw together a breakfast casserole once a month and stick it in our deep freeze for the cooks to warm the day of. If you'd rather grocery shop, we're also going to prepare "to go" bags with fruit, granola bars and breakfast sandwiches in case we reach capacity or run out of food and have to turn guests away. No one will leave empty-handed and you will need help assembling and distributing the bags as well—even more opportunities to be involved! When the ground finally dries out, we will be adding two more beds to our garden and we'll need hands to dig, plant and pick. Contact Jana Kendrick if you are interested in helping our garden grow so that our produce can be used to cook healthy meals for our guests and may be distributed for later use! If you don't have time or the means to be here to help in a tangible way, give a donation to our Outreach committee to help fund this endeavor. Lastly, we need people to come eat, enjoy and make our guests feel at home. If you love to eat and talk, think of this as the fellowship opportunity of a lifetime!

We are optimistic about the success of this ministry and have been covering our bases talking to the Fire Marshall as well as other individuals who belong to parishes with similar ministries. We are gathering ideas, praying, and planning. Look for sign up sheets and announcements about this ministry in the coming months. The first official breakfast might not be until April, but there is much work to be done in the meantime! I am SO excited to take this next step in faith with you and I can't wait to see what God has in store for us and what we will learn about ourselves and about our neighbors!

Blessings,

Morgan +

#### **Outreach News**

One of the men in Project ING named John passed his GED the other day! He was so excited and we had been encouraging him over the past months during the sessions to take the GED and that he would do well. John was at his graduation ceremony last Friday and missed the meeting, but he told Donna that he also received an award for having the highest GPA in the class. He also started his classes at Vo-Tech last week for HVAC school and was nervous but happy with his choice to go through with his plan. We are very, very proud of John! To God be the glory! Outreach will help John once he has completed his certification with the necessary equipment needed to gain employment in his field. How wonderful it is to see someone who has struggled for some time obtain lifelong goals! John has no income, so this step is major for him and a definite morale booster for someone in his current situation. God is so good!

Outreach will be meeting soon to plan out the rest of the year's course of action! Spring is upon us, so clean out those closets and bring your clothes for our Goodwill donation.

— Karen Waguespack

Mission of Hope 2013, what a wonderful time I had in Uganda this past January. The children of the Mustard Seed Babies Home are thriving and growing and doing so well. The older children are beginning to be assisted in finding family that will support them as they complete their school work and become settled in work activities. The younger children are just growing and learning and loving the Lord. I have lots to tell and plan to have a presentation at the St. James' Monday March 4 in the parish hall at 6:00pm. There will be pictures and African products for sale with all monies collected being returned to the Babies Home. Come join me for the whole story and consider sponsoring a child or project to support the



Learn more about these smiles.

#### February 15, 2013

#### Advent to Epiphany at St. James





Advent Lessons and Carols



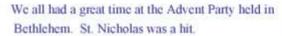








































#### **GARRETT-HALL BUILDING BRIGHTENS ON THE INSIDE**

Working in teams, the youth and adults met in the Garrett-Hall Building on January 5 to brighten up the space we use for youth activities, such as Sunday School and VBS. The youth took charge of painting the walls while the adults glued carpet squares in the great room. In addition to making the rooms look more inviting, the carpet will help reduce the echo in the room, making it easier to hear when large numbers of people gather for activities.

The renovation project in the Garrett-Hall Building is nearing completion. It has been a very long and arduous journey, but the results are well worth the effort. While many people have been involved in the work, special thanks are due to Debbie Fitzpatrick for spearheading the project and keeping it on track. Thanks also to Matt Parker and Tim Parker for the large amount of manual labor they have donated to the endeavor. Many children for many years will enjoy the benefits of the work Debbie, Tim, and Matt and a host of other people have put into this renovation. Their dedication to St. James and to our young members is inspiration to us all.

#### St. Luke's Medical Ministry Participates in Healthy Green and into the Outdoors









#### THE MISSION CONTINUES...

St. Luke's Medical Ministry joined forces with Shreveport Green, MLK Health Center (a free clinic and pharmacy serving uninsured residents in Northwest LA), and the Volunteers of America Lighthouse for the first "Healthy Green and into the Outdoors" event, held January 29th, 2013.

There were four stations set up in the van....Height and Weight, BMI calculation (Jason from MLK brought supplies and a BMI scale), Blood Pressure, and Blood Glucose. I was initially set up in the van to do the registration of the kids and get their "Healthy Green and into the Outdoors Passports" started...but due to the "controlled chaos" in the van, I moved to the VOA Lighthouse building. Now, I did go back to the van toward the end of the screenings, after getting a signed release to photograph a couple of the young participants. It was tight spaces, hard to maneuver, and I was definitely in the way, but I just needed a couple of pictures.

After setting up the van, which was also hard to maneuver into the allotted space, Jimmy kept tabs on the approaching bad weather on his iphone. So, besides the "chaos" in the van, there was possible weather related excitement headed our way.

The kids were terrific. They were so polite and enthusiastic. They all took part in an activity in the VOA Lighthouse (washing and preparing vegetables, some possibly grown alongside the building) before coming to the van for health screening. A few even opted to have their finger pricked for the blood glucose test. The Lighthouse

activity and the health screening was marked on their passports. After two health screenings and six activities in a six month period, the participant earns a 'healthy living" prize.





I would say this was a very successful first outing. I am looking forward to the next "Healthy Green and into the Outdoors" screenings scheduled for February 12th in Mooretown and February 26th in Hollywood Heights.

Kathy Deal

## St. James Episcopal Church Sun Mon Tue

Beth Moore Bible Study Mare		ortant Dates to Remember in Maundy Thursday	
Wednesdays in Lent "Prayers Vestry Retreat 9AM- 3PM at Palm Sunday March 24 Liturg Southern Hills Ecumenical Lu	of the Passion" March 6, 1 the Howard's house. March sy of the Palms	3, 20, 27 EYC Lock In is 6 Good Friday Serv The Great Vigil of	pm Thurso vice 6PM of Easter 6
3	4	5	6 10:
8:30 AM Holy Eucharist Rite I 9:15 AM Breakfast 9:30 DOK Meeting 9:45 Sunday School 11:00 AM Holy Eucharist Rite II	HAPPY BIRTHDAY Bob Shane III David Calhoun	Beth Moore Bible Study 6PM  HAPPY BIRTHDAY John Alex Kellogg	Pray
8:30 AM Holy Eucharist Rite I 9:15 AM Coffee 9:45 AM Sunday School 11:00 AM Holy Eucharist Rite II	11 HAPPY BIRTHDAY	12	13 10 :
Mike Kendrick	David Haldeman Fr. William Bryant	Hayden Hartley	
8:30 AM Holy Eucharist Rite I 9:15 AM Coffee 9:45 AM Sunday School 11:00 AM Holy Eucharist Rite II	18	Beth Moore Bible Study 6PM	
HAPPY BIRTHDAY Gregory Kirkland			Pray
24 Palm Sunday	25	26	27
8:30 AM Holy Eucharist Rite I 9:15 AM Coffee 9:45 AM Sunday School 11:00AM Holy Eucharist Rite II  HAPPY BIRTHDAY Kendall Parker	31 Easter Day Sunday  9AM Brunch 10AM Flowering of the Cross Celebration of the Resurrection of Christ Kids Easter Egg Hunt Happy Anniversary		Ecc
Kendall Parker	James & Kat	nniversary hleen Calhoun BIRTHDAY	

Brandi Liles

A CONTRACTOR OF THE PARTY OF TH	3 <sup>rd</sup> Sunday in Lent	4 <sup>th</sup> Sunday in Lent
	March 3	March 10
LECTIONARY	Exodus 3:1- 15 Psalm 63: 1- 8 I Corinthians 10:1- 13 Luke 13:1- 9	Joshua 5:9- 12 Psalm 32 2 Corinthians 5:16- 21 Luke 15:1- 3, 11b- 32
VESTRY PERSON	Jana Kendrick	Lynnette van Heerden
EUCHARISTIC 8:30 MINISTER 11:00	Janie Parker Ron Maberry	Mona Freeman Larry Lashley
LAY READER 11:00	Lois Maberry	Dan Bennett
LECTORS 8:30 11:00	Pat Parker Debbie Knight	Lynnette van Heerden Debbie Fitzpatrick
ACOLYTES 8:30 11:00	Melanie Winkler Rory Fitzpatrick	Kelly Parker Austin Shelton
ALTAR GUILD	Faye Wynn Kathy Watkins Lonnie Howard	Faye Wynn Kathy Watkins Lonnie Howard
USHERS 8:30 11:00	Lorain Thrash Mike Kendrick Mary Taylor	Pat Parker Mike Kendrick Sara Lewis
VERGER		
MASTER OF CEREMONIES VERGER	Mike Endicott	Mike Endicott

#### March Anniversaries

David & Charlotte Calhoun Mar 28 James & Kathleen Calhoun Mar 31

#### March Birthdays

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Bob Shane, III	March 3
David Calhoun	March 3
John Alex Kellogg	March 4
Andrew Jacobs	March 4
Lois Maberry	March 5
Olivia Zepeda	March 5
Brad Butler	March 5
Samantha Mattison	March 9
Michael Kendrick	March 10
David Haldeman	March 11
Fr. William Bryant	March 11
Hayden Hartley	March 12
Miranda Peyton	March 16
Gregory Kirkland	March 17
Chris Philipbar	March 18
Dianne Lashley	March 20
Kendall Grace Parker	March 24
Mason Garner	March 28
Keith McDonald	March 29
Cametta Emons	March 30

#### ST. JAMES TO HOST LEN-TEN LUNCHEON

As we have for many years, St. James will host one of the ecumenical Lenten services and luncheons. On February 27 the ECW will perform hostess duties, serving soup and sandwiches to our guests after sharing a Eucharistic service. This year the planning council decided to donate the proceeds from the offering each week to Heart of Hope, the residential facility that cares for and teaches teen mothers.

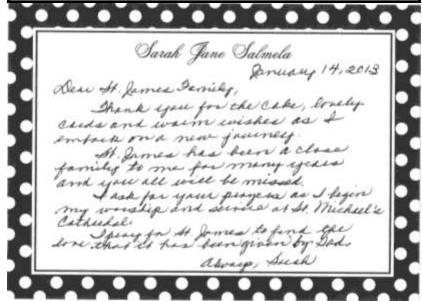
Check your bulletin for the flyer that indicates the dates and locations of each weekly Ecumenical Lenten service and luncheon. James has been a member of the Southern Hills Ecumenical Association for many years. It is through the support of our parishioners that we can continue this tradition, fostering and working together to make our community a wonderful place to live and worship.

#### DIRECTORY UPDATE

Please add the following new information to your directory:

Angie Noelani's new telephone number is (318) 686-1965

Michael & Marty Wainwright will be moving to 97 Country Club Circle Brevard, NC 28712





#### WE WELCOME THE NEWLY BAPTIZED

Congratulations to Norah Frances Ollendike who was baptized on January 13. Proud parents Bryn & Elizabeth, grandparents James & Lisa Lewis, and aunt Sara Lewis were happy to share a reception afterward with their St. James family, as well as with the many relatives who were visiting from out-of-town. We are pleased to welcome Norah as a full member of the Episcopal fellowship with others in our neighborhood Church and look forward to growing with her.



#### MEET YOUR ELECTED REPRESENTATIVES

As happens every year, we chose new members of the Vestry at our Annual Meeting. This year the number of empty slots exactly matched the number of people running for their chance to serve, so by acclamation we elected Dave Caporossi, Jana Kendrick, and Lois Maberry for three-year terms and Curtis Shelton was elected to complete the remainder of the term vacated in January 2012, for which the Vestry had appointed him to serve until the next election. Curtis has been appointed as Senior Warden for 2013. The Vestry elected Lois Maberry as the Junior Warden.

We appreciate the dedication of those who completed their terms: Suzy Adcock, Brody Fitzpatrick, Ron Maberry, and Paul Moore. We also offer thanks to Tommy Mosley for his work as Treasurer and to Janie Parker for her work as Clerk to the Vestry. We are pleased that they both have agreed to continue these duties. We appreciate Lorain Thrash's leadership as the Senior Warden over the past year, as well as the work Paul Moore completed as Junior Warden.

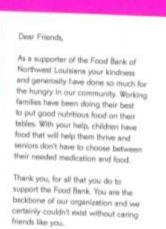
The Annual Meeting concluded with the announcement of the names of those elected to represent the parish at the Diocesan Convention in October. Our delegates are Suzy Adcock, Mike Endicott, Debbie Fitzpatrick, and Denise Shelton. Alternates are Lois Maberry, Kelly Parker, Kathy Watkins, and Sara Lewis. Each are encouraged to attend the convention—as are all members of St. James.

We are blessed to have so many people ready to step up and serve the parish. Thanks to all who have volunteered their time and energy to serve as Vestry members and diocesan delegates for this coming year—and for all the years we have been the family





JANUARY 27, 2013



Gretefully yours.

Martha Marak. Martha Marak, Executive Director





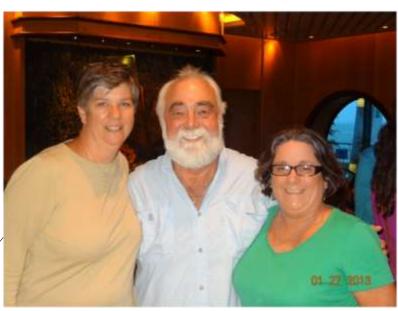
## THE CRUISE OF A LIFETIME ISN'T THE LAST—LET'S GO AGAIN!!!

The song, "Down in the islands, Down in the islands" is still playing in my head. There was a great time by several St. James's Cruisers the last week in January as we traveled to Rotan Honduras, Belize City Belize and Cozumel Mexico. Luckily, our engine did fine, we had wonderful food and lots of it and the ship moved as expected. One good thing that came from this cruise is a plan to cruise again, March 22, 2014 and we would like

for anyone from St. James's who has not taken a cruise to consider coming along. I do not have the prices yet, but would love to talk to those interested. It is Caddo Parish's spring break—and we hope Bossier's. Talk to Janie Parker or myself and we will share the details.

Yes, we cruised with Paula Deen and her husband Michael. Pat can tell you some stories, as can Janie.

— Lois Maberry



#### HOW DO YOU DISPLAY AND TEACH RESPECT?

A couple of decades of working with troubled youth has given me a lot of experience in teaching respect. I have found that the most effective teaching tool for this particular topic is modeling. If I wished the kids I encountered through my work to treat me in a respectful manner, I had to treat them with respect—first. But the lesson didn't stop there. Because this was truly a new concept to many of these individuals, it also took explanation and lots of practice, redirection, praise, redirection, demonstration, and redirection. I found that over the long haul, the kids would catch on and when I encountered some of them years later, it even seemed the lessons had long-term staying power.

But I have always marveled at the fact that for many people, a respectful manner toward a stranger is often easier to demonstrate than respect for those we love. For example, I once had a teen on a school bus tell me it was okay to hit another student, because they were brothers. My last few years as a probation officer were spent supervising domestic violence offenders—people who were convicted of physically abusing those individuals whom they purported to love more than anyone else.

This is one area where I am intractable, and plan to stay that way. Despite the many hours of training and education I have received, I doubt I will ever truly understand how anyone can hurt the folk they love. I don't enjoy watching people hurt one another, saying nasty things to or about each other, or bickering and fighting. Despite the large number of television "reality" shows where disrespectful behavior appears to be required, this is not entertainment. It's voyeurism. And I believe it undermines our society by teaching our younger generation that this is acceptable behavior.

By encouraging rudeness as a form of entertainment, we are telling our youth that we are not appalled by this behavior—in fact we are saying we enjoy witnessing it. This is not the message I want my child to take into her adulthood. It's not the behavior I want her to demonstrate when she interacts with the family she will one day rear. I don't want her to be physically, emotionally, mentally, (or in any other way) abusive. Nor do I want her to submit to such behavior at the instigation of another person—or stand by and allow it to happen to someone else.

So, how do I teach her to be respectful? By demonstrating respectful behavior toward her and toward others in her presence. By discussing what is good and what could be better in the behavior we witness together, as well as in my behavior and hers. By admitting when I could have made a better decision, and how I could have behaved more appropriately when I err. By showing how each person's behavior affects the people around them.

And how do I make this teaching process easier? By demonstrating this behavior when I am not in her presence, as well as when I am. By immersing her in a community of like-minded individuals—such as the Christian community. By raising her in the Episcopal Church, where we are serious when we say, everyone is welcome. Everyone will be treated with respect.

—Jnanne Zepeda

#### PHILADELPHIA CENTER OFFERS INTERVENTION TRAINING FOR TEENAGE GIRLS

The Philadelphia Center, a local agency that provides persons with HIV/AIDS with direct client and prevention services, is offering a new class for girls aged 14-18. The SIHLE (Sisters Informing, Healing, Living, and Empowering) Project is a social skills training intervention to reduce HIV sexual risk behavior among African American teenage females. The class is designed to address the disproportionate number of African Americans affected by HIV/AIDS, by providing information to young girls to help them make decisions to protect themselves.

If you would like more information about the classes, contact Ella Jamerson-El-Amin at the Philadelphia Center via e-mail—eelamin@philadelphiacenter.org or phone (318) 222-6633, ext 25.

#### ANNOUNCEMENTS SUBMISSION DEADLINE

If you would like an announcement placed in the Sunday bulletin, please submit it by 10:00 am on the previous Wednesday. The office is open Monday-Thursday from 8:30 am until 2:00 pm. Announcements that are in printed form may be mailed, sent through e-mail to stjames\_sport@bellsouth.net, or dropped at the parish office.

Newsletter deadline: March 1st

#### SPREAD THE WORD

Would you like to brag on your family's achievements, share family milestones with friends, or invite the parish to an upcoming event? You can do so easily by submitting articles to the parish office for publication in the Spirit. There is always room for news of a baptism, wedding, or school achievement. Photographs and stories can be sent via e-mail to stjames\_sport@bellsouth.net or dropped off at the parish office. And if you are shy about doing the writing, just telephone the information to 686-1261 and the writing will take care of itself.

### Our Mission Statement: A COMMUNITY CALLED BY GOD TO WORSHIP, LOVE, AND SERVE.

Our Schedule of Services:

Sunday—Holy Eucharist, 8:30am

followed by Coffee Hour and donuts in the Parish Hall

Sunday School, 9:45am

Holy Eucharist, 11:00am

Wednesday—Holy Eucharist with Unction, 10am Bible Study, 10:30am



#### LET US PREPARE

Lent has arrived and it is time to prepare. In addition to the devotional books always available in the narthex, *Our Daily Bread* and *Day by Day*, we have *Lenten Meditations 2013*, distributed by Episcopal Relief & Development and *Easter: Believing is Seeing*. Be sure to pick up your copies.

Every Wednesday evening beginning February 20 and progressing through March 27 we

# HOLY WEEK WORSHIP SCHEDULE

#### LOOKING AHEAD

	Palm Sunday	March 24	8:30am & 11:00am
	Maundy Thursday	March 28	6:00pm
-	The Watch	March 28	8:00pm to 8:00am
	Good Friday	March 29	6:00pm
	Easter Vigil	March 30	6:00pm
	Easter Sunday	March 31	10:00am

will have Lenten studies each evening from 6pm to 7:15pm. Lonnie Howard will direct the annual series of Lenten plays which begin at 6pm. Afterward we will move to the Parish Hall for a light dinner and a study session, led by Morgan MacIntire. Nursery care will be provided.

Sign-up sheets are located on the bulletin board in the Parish Hall for those who wish to participate. Please indicate whether you need nursery services and how many people will be eating dinner. A separate sign-up sheet is available for volunteers to provide a light meal, such as sandwiches and fruit or soup and salad.

If you would like to participate in the plays, contact Lonnie Howard via phone (347-5716) or e-mail (ldhoward@eastex.net).

The Lenten study series will begin February 20 and run for 5 consecutive Wednesdays through Holy Week. The evening will consist of a short play in the church, followed by a light supper and study, based on C.S. Lewis' book, *The Screwtape Letters*—a series of letters between Satan and his junior assistant, Wormwood. Reading the book is not required for participation, but if you would like to read a copy, it is available through Cokesbury, Amazon, and local bookstores for under \$15.



**Vision Statement of St. James Episcopal Church:** We see St. James as a spirit-led congregation that is a beacon of God's love shining in the community, welcoming all by reaching out through worship, service, mission, and programming to bring peace and healing to all of God's children. We strive to serve our members by nourishing our faith, giving support in times of need and becoming a congregation from which community-based outreach programs have their genesis.